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“Let the children come unto me, do not stop them; for it is to such as these that the kingdom of God belongs.” Holy Bible.



YEARS

40Th
CELEBRATION





Volume 40 July-Sep 2023

Spiegel

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Message from Principal



Dear All,

As we come to the conclusion of this year's mid-term exams, it is time to give a pause and take a moment to reflect on your progress. An academic voyage has many check points, mid-term exams are one among them. It provides valuable insights into areas of strength and areas that may require additional focus. So, let's use these result as a fresh start for your growth and development.

Parents, your support and encouragement are inevitable to their success. Your valuable involvement in their studies plays a significant role, which helps them to learn, sustain and grow especially in today's world. So, I request all the parents to take time to discuss the mid-term results with your ward advising the importance of balanced approach towards education and personal development.

Beyond Academics, the students of St. Mary's Public School embarked a remarkable performance in the Zonal level competitions, I express my heartfelt appreciation to all the winners, participants and concerned teachers who prepared them.

Looking ahead, we all are excited for our upcoming Annual day function. Our teachers and students have planned a visual treat for the audience. I believe this event will showcase the talent, creativity and hard work of our students. Once again we invite you to join us for the *school's 40th year celebration on 25th November 2023 at Thyagaraj Stadium* to participate and support our energetic students. In the upcoming weeks you will receive more details of the event.

Thanking and seeking cooperation from everyone to celebrate our Annual Day with you all.

Regards

Ms. Daisy Thomas

Congratulations!



Kritika Ghosh of class XII-C secured First Position in An online Photography Contest- **SHUTTER**. Sri Venkateshwar International School hosted the contest.



Akash Kumar of class XII E has secured the Second position in an **online Digital Artist Search Contest** held at Lado Sarai on 26/08/2023. He was also rewarded with a Tablet and Certificate.



Spanish students of Neb Sarai participated in the **Lingua Fest** held at K.R. Mangalam World School, GK-2.



In **Delhi NCR Taekwondo Championship** our students won 9 Gold 9 Silver and 8 Bronze.

Benevolence Act



Last Quarter we have contributed Rs.80, 000 towards various charity works

INVESTITURE CEREMONY OF THE STUDENT COUNCIL

Leadership is the capacity to translate vision into reality. —Warren Bennis



The Investiture Ceremony, a momentous occasion at our school, was celebrated on 20 July 2023, with great enthusiasm. The ceremony began with the lighting of the ceremonial lamp by our honourable Director Sir Dr. Thomas George, Principal Ma'am, Ms. Daisy Thomas, accompanied by Senior Teachers'. The event showcased the young St. Marians' mesmerizing and hilarious comedy dance performance.

The elected Leaders' profiles were read out to the audience. Luminaries Director Dr. Thomas George, Principal Mrs. Daisy Thomas, and Administrator Mr. Aby Alex Thomas conferred them with badges and sashes. The students' council took the pledge to hold the school motto of Live, Learn, and Lead in high esteem. Commodore Administrator Mr. Aby Thomas Alex congratulated them and advised them to be impartial and honest in discharging their duties. He also exhorted them to uphold the values. He reminded them that

with position comes responsibility towards themselves, their school, and peers and struggles help one to achieve heights. Respected Director Dr. Thomas George emphasized the importance of impartiality, honesty, unity, discipline, and morality in leadership. He commended the students' hard work and dedication and reminded the council members of their role as torchbearers of the school's values. The Principal Ms Daisy Thomas also appreciated and congratulated



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them. She advised them to be role models and lead by example with godly wisdom. The function concluded with the School Anthem. The School Principal Ms. Daisy Thomas led the oath-taking ceremony, as all council members pledged to uphold the school's motto and fulfill their duties diligently. Their dedication and confidence were evident, and the ceremony concluded with a Vote of thanks followed by the school song and National Anthem.

Mrs. Anita Sharma Teacher
(Sainik Farm) Editorial Member

CELEBRATING 40TH FOUNDATION DAY

School is a gateway to knowledge

Foundation Day is an important day for every school. Our school was established on July 3rd, 1984, and has grown in structure and stature since then. It was an occasion to remember and cherish the hard work, dedication, and effort, put in by our Director sir. Inauguration of Ruby year was celebrated by reliving the journey of the school, from the beginning. This year the teachers and students of St. Mary celebrated the school's 40th foundation day on 19th August 2023 with great zeal and fervour.

It was a day well spent with our honorable chief guest MP Mr. Ramesh Bidhuri, our highly respected MLA Mr. Kartar Singh Tanwar, Mr. Prakash Jarwal, Rev. Fr Varghese, Directors and Principals of various schools, RWA office bearers, and many other dignitaries who stood with our school.

The programme commenced at 10:30 a.m. in the school auditorium with a prayer followed by the kindling lamp and a beautiful invocatory dance presented by students. The talented St. Marians captivated the whole auditorium with their various artistic prowess and creative performances in the form of mime acts, drama, legendary comic acts, and dances.

Honorable MP Mr. Ramesh Bidhuri addressed the gathering with a vision of 'Padho Aur Aage Badho'. He also said St. Mary aims to show the right path to the coming generation. Respected MLA Mr. Kartar Singh also shared his views with us. He said St. Mary's played an important role in the development of the kids of this region by giving them quality education at a very nominal fee. The programme concluded with Dr. Thomas George, the director of our school proposing a vote of thanks to the audience followed by the school anthem.

Ms. Sawagitika Teacher (Sainik Farm)



ALUMNI MEET 2023





Art Therapy for Children: How It Leads to Change

“What is an Art? It is the response of an individual’s creative soul to the call of the real”

—Rabindranath Tagore

Think of a world without boundaries or right and wrong where nothing is impossible. A place where you are completely free to be whatever you want to be, where a line can be termed a circle, a tree can be blue, or where fish can walk. That is where security is created for art therapy to take place and it is also where imagination begins. With children, art therapy aims to engage their imagination and creativity whilst assisting them in making connections between their experiences and feelings with the aid of a therapist. Over the past few decades, therapy has increasingly incorporated art or creative expression. Through visual and tactile techniques, art therapy enables a person to communicate his thoughts, feelings, and emotions. This is

particularly beneficial when someone has difficulty communicating with words.

Children of all ages, with or without special needs, nevertheless possess a voice even when they lack the linguistic skills to express themselves. Expressive art awakens a child’s imagination and creativity to help him to discover who he is and how to engage his senses. It also provides a feeling of tranquility, a positive mindset, an interpretation of surroundings, and an emotional state. Children who express their feelings through poetry, music, or art get a greater chance of rehabilitating and learning as they have a safe outlet for their negative emotions.

Establishing social skills at a young age is incredibly important for regular development. Children who feel at ease in social situations, perform significantly better than adults because they develop empathy, connection, and communication. Expressive art therapy can enhance social development by providing support without judgment from peers, parents, and therapists. It gives children an opportunity to appreciate individual differences and embrace everyone’s viewpoints.

On a deeper level, art appears to influence neuronal connections in the brain which serve as the wiring for learning. whichever art medium is being used, the senses have to be engaged, along with critical thinking. This leads to the development of skills such as recognizing the difference between abstract and reality, comprehending patterns, making observations about the outside world, and creating mental images of the real or imagined. Overall, expressive art help children to develop comprehensive thinking capabilities through the interaction of complex thought processes.

Ms Soma Das, Art Teacher (Sainik Farm)

Why keep pace with Artificial Intelligence?



Stuck at a place? Have a question? Hey Siri! Play music for me. OK, Google! Tell me the best pizza outlet. Answering these questions

just takes a fraction of a minute for a virtual assistant, using AI.

“Predicting the future is not magic, it’s Artificial Intelligence.”

Dave Waters

Is AI truly a revolutionary feat of computer science? This question keeps on tickling in our minds. The reason is: AI has emerged as one of the most promising technological tools, with its applications being found in fields ranging from healthcare, finance, and transportation to entertainment.

AI has boomed industries with different job opportunities. It is helping students to explore new tangents by using tools and apps.

Ms. Poonam Rathore
Teacher, Sainik Farms



AI provides cost reduction, improved productivity, reduces exposure to workers to hazardous conditions, and improves safety.

AI is a vital component of space trips and space exploration. It helps in conducting tasks that humans would otherwise be unable to perform in space, like analyzing cosmic occurrence, system control, charting stars, and black holes, and much more.

Does it mean that human intelligence is at stake? No, big names like Google, SpaceX, and Facebook are looking for professionals, researchers, and experts who could combat the shortcomings wherever, and whenever exist in this field.

AI will step into all spheres of life and will make progress over the coming years. Thus, it’s beneficial to invest one’s IQ in AI. It is not swapping jobs but changing the skills of the skilled workers.

Happy learning in the AI Age!

SCHOOL LIBRARY



School library is the heart of school. It is a storehouse of knowledge and plays an important role in the realm of knowledge. It creates an atmosphere of reading as well as helps the students to enjoy the pleasure of reading books together in groups. The library full of books can open wide thinking and

creative minds for the students. Different library period related activities are conducted in our school during the library period for the students of classes 4th to 8th. These activities encourage and promote students’ interest in reading. For e.g. ‘Recognise the Book’, ‘Change the Title and End of the Story’ etc. It is observed that students actively participated in these activities. I have found that the students respond very energetically in the library classes. The activities conducted plays a significant role in spreading knowledge and keeping the reading habits alive among the students.

School library is an important part of the curriculum for research information, increasing knowledge. It helps in the development of vocabulary, instills habit of reading in silence and encourages problem solving approach in the students. It also relieves their stress and opens the world of wisdom for all. I am happy and satisfied to get an opportunity to enlighten, promote and encourage the habit of reading among the students. My focus will always be to cherish and maintain the interest of reading in the students through some fun filled activities.

Ms. Satya Negi
Librarian (Devli)

ZONAL LEVEL COMPETITION RESULTS 2023-24 (MOMENT OF TRIUMPH)

S.NO	DATE	EVENT NAME	POSITION	STUDENT NAME	CLASS	CATEGORY	BRANCH	
1	27th July 2023	Badminton Tournament	First	Tavish Maan	9th G	Junior Boys	Sainik Farms	
			First	Puneet Singh	11th A	Junior Boys	Sainik Farms	
			First	Vansh Sharma	11th A	Junior Boys	Sainik Farms	
			First	Naksh Rathi	9th A	Junior Boys	Sainik Farms	
			First	Saransh	8th C	Junior Boys	Sainik Farms	
2	28th July 2023	Badminton Tournament	First	Arush Rathi	8th A	Sub Junior	Neb Sarai	
			First	Utkarsh Rathi	7th D	Sub Junior	Neb Sarai	
			First	Manikaran Kumar	7th A	Sub Junior	Neb Sarai	
			First	Yash	8th D	Sub Junior	Neb Sarai	
			First	Lavesh Dagar	8th B	Sub Junior	Neb Sarai	
3	30th July 2023	Delhi NCR Taekwondo Championship	9 Gold Medals					
			9 Silver Medals					
			8 Bronze Medals					
4	1st Aug 2023	English Poetry Recitation	First	Tiya Singhal	8th C	Junior Girls	Devli	
			Second	Nandini Bhardwaj	10th D	Senior Girls	Sainik Farms	
5	2nd Aug 2023	Badminton Tournament	Second	Avika Yadav	9th A	Junior Girls	Sainik Farms	
			Second	Kamini Sharma	9th C	Junior Girls	Sainik Farms	
			Second	Priyanshi Bal	10th E	Junior Girls	Sainik Farms	
			Second	Shanaya	9th G	Junior Girls	Sainik Farms	
			Second	Poorvi Tanwar	9th D	Junior Girls	Sainik Farms	
6	3rd Aug 2023	Badminton Tournament	First	Mahima Mishra	8th D	Sub Junior Girls	Neb Sarai	
			First	Ishaani Sharma	7th B	Sub Junior Girls	Neb Sarai	
			First	Priyal Rajora	8th A	Sub Junior Girls	Neb Sarai	
			First	Anshika Rathi	8th A	Sub Junior Girls	Neb Sarai	
			First	Mahi Basist	8th D	Sub Junior Girls	Neb Sarai	
7	3rd Aug 2023	English Slogan Writing	First	Arunima Sharma	8th B	Sub Junior Girls	Neb Sarai	
8	4th Aug 2023	Hindi Poetry Recitation	Third	Anshika Lenka	10th D	Senior Girls	Sainik Farms	
9	5th Aug 2023	Hindi Extempore	Third	Pratyush Singh	11th E	Senior Boys	Sainik Farms	
10	5th Aug 2023	English Extempore	Second	Anmol Raj	8th B	Junior Girls	Devli	
11	7th Aug 2023	Punjabi Poetry Recitation	First	Prakriti Malhotra	8th A	Junior Girls	Devli	
12	8th Aug 2023	Mono Acting	First	Saaransh Harit	8th A	Junior Boys	Devli	
			Second	Yajat	7th D	Junior Boys	Neb Sarai	
			Third	Anshika	9th B	Junior Girls	Sainik Farm	
13	10th Aug 2023	Hindi Debate	Second	Aadya Singh	8th B	Junior Girls	Devli	
			Second	Vasundhra Gupta	8th A	Junior Girls	Devli	
14	11th Aug 2023	Solo Classical Dance	First	Anika Srivastava	11th A	Senior Girls	Sainik Farm	
15	12th Aug 2023	Sanskrit Poem Recitation	Third	Akriti Biswal	7th C	Junior Girls	Devli	
16	17th August 23	English Debate	Second	Vatsalya Jha	11th B	Senior Girls	Sainik Farm	
			Second	Pratyaksha Raina	12th E	Senior Girls	Sainik Farm	
17	17th August 23	English Debate	First	Saiyam Kaushik	7th A	Junior Boys	Devli	
			First	Tejas Bagri	7th A	Junior Boys	Devli	
18	17th August 23	Basketball	Third			Senior Girls	Sainik Farm	
19	21st August 23	Drawing	First	Anish Chettri	12th D	Senior Boys	Sainik Farm	
20	23rd August 23	Essay writing	First	Tanish Panwar	8th A	Junior Boys	Neb Sarai	
21	23rd August 23	Essay writing	Second	Diksha Aggarwal	8th A	Junior Girls	Devli	
22	25th August 23	Folk Dance	First			Senior Girls	Sainik Farm	

“Forever Thankful: Cherishing My School Memories”



St. Mary's Public School", one of the major milestones of my life. It has embedded many remarkable memories within me, which helped me the way I am today. It is not only an institution but has played a lot more roles in many children's lives. It is a place where the hearts of many children reside. I spent the beautiful 14 years of my life in this beautiful place whose language is love and strength is knowledge. Every year the school taught me a new lesson, not only in academics but also motivated me to be a better version of myself. The backbone of our school is a bunch of eloquent teachers. Teachers are a blessing for us as they nurture us with constant support and guidance which helps us to grow ahead in our lives. Besides only developing the academic aspect of a child they also took utmost care and emphasized developing the moral character of the students. Such moral lessons are a great help for me in my present life which constantly reminds me to stay in righteous action and motivate me towards my goal and ambitions. My School has helped me a lot in developing my various skills, whether it is communication, co-curricular, sports, academics, and so on. It has been a source of inspiration for me in doing various tasks at this point in time and provided me with different responsibilities to develop my persona.

Lastly, I don't have any words, but only emotions mixed with happiness that I could proudly declare myself as an ST. MARIAN.

Dhanya Oommen Batch (2021-2022)

“A Whirlwind of Thanks”



First, I would sincerely like to congratulate St. Mary's on its 40th anniversary. Saint Mary's nurtured me in ways I cannot contemplate. When I graduated from school and entered this world of competition where we needed to have a strong personality, I realized I was already prepared for that. Throughout my years at school, I was constantly involved in activities in one way or another, and I never thought that later in life it would help me make significant decisions. The teachers at St. Mary's were always my biggest cheerleaders who believed in me. I still remember when I received an acceptance letter from one of the top-ranking universities in Turkey and told one of my teachers about it. She said, "Farheen, I am not surprised because I always knew you were meant to do great things in life."

I express my heartfelt gratitude to all the teachers, and administrative staff, as well as a special acknowledgment to Director Dr. Thomas George and Principal Ms. Daisy Thomas. Their support and guidance have played a pivotal role in preparing me to face the challenges of the world.

Farheen Ansari Batch (2020-2021)

“Fond Farewell, Endless Gratitude”



"Instruct A Child On The Way He Should Go And When He Grows Old Will Not Leave It."

I am quoting this from my school website and these are the true words that have been experienced by every ex-St. Marian. I will always be grateful to this institution which has built me into the successful person I am today.

One of the major contributors to my personal development is my school and my beloved teachers. When they say that "school life is your best time", it is a hundred percent true. I am in my third year of college currently, and now and then I miss my school and all the memories I have there. The teaching experience, activities, green environment, discipline, and overall growth that a child should experience have been given by St. Mary's. I have gained invaluable life lessons and teachings here. I show my gratitude and thankfulness to all my dear teachers. You will always be respected and thanked for your guidance. Words cannot describe the fun memories and everlasting influence my school will have on me. Thank You St. Mary's!

Jasmine Batch (2020-2021)

“Leadership is not just about giving energy... it's unleashing other people's energy.” - Paul Polman



Warm greetings to all. As Class XII-A's Krishna Sharma, I am truly humbled and grateful for being named Head Boy of our beloved St. Mary's Public School. I owe my journey and success to this institution, my alma mater, where I've spent the last 12 years. It's not just a school; it's an emotion. I'd like to extend my heartfelt thanks

to the visionary founder, Dr. Thomas George, who envisioned providing high-quality education to students. His determination turned challenges into stepping stones, shaping our school's success.

I can't stress enough the importance of our Director, Principal, and Teachers in making our school what it is today. To our students and alumni, you are the living proof of our institution's

excellence.

While I may not be perfect, I pledge to do my best, working closely with my cabinet and utilizing our unique talents to ensure the school functions smoothly. Today, we pledge to dedicate ourselves to the school's growth and development, striving for excellence.

Remember, quality is no accident; it results from intention, effort, hard work, and intelligent direction. We must keep pushing forward and innovating together, harnessing our diverse minds.

A team is like a toolset; when we work together with equal dedication, we can achieve wonders. Let's unite and embrace teamwork.

Lastly, I am deeply grateful to our honorable Director, Principal, Vice Principal, and Teachers for entrusting me with this responsibility. I promise not to disappoint.

Let's take our school to the greater height of success.

Krishna XII-A, Head Boy, SF

“Leading with Purpose: A Journey of Empowerment and Change”



"Leaders are not born, they are made, meaning to become different from the crowd; the one who takes the courage to step first.

10th May 2023, was the day when I got elected as the Head Girl of St. Mary's

Public School, making my dream come true. The whole St. Marians family has entrusted me with the responsibility of being their guide, hope, and inspiration, which has always been my ambition.

I am blessed to have been given the opportunity to become the Head Girl of one of the greatest institutions and to give the best of me to the school which has made me what I am today. Glancing back to the most integral 12 years of my life. St. Mary's has transformed a timorous little girl into a daring and independent person who's ready to accept challenges, face failures, and enjoy success.

The teachings and principles of St. Mary's Public School have made me capable of being it all, which obligates me to fulfill all

the responsibilities I owe to my school.

"Unity is strength division is weakness." And we, St. Marians are united by that one chord. One sound, one rhythm which we all pay respect to, our school anthem.

Driven by lines, to be the best among the rest, my message to my fellow mates is to dream big!

As Dr. Kalam said, "Dream is not what you see in sleep, it is something that doesn't let you sleep."

Let us all work hard and become the best versions of ourselves.

Sonakshi Sutradhar XII-E, Head Girl, SF

Being the Head Boy of the School



'A leader is one who knows the way, goes the way and shows the way'

I feel short of words to express my emotions and gratitude for the opportunity I have received to be the Head boy of my school.

First, I would like to thank the entire school fraternity, for showing immense faith in me and selected me the Head boy of the prestigious institution in my locality. I take the oath that I shall do all that I can, and make this academic year a memorable one. I may not be perfect and might not always get things right, but I promise that I will do everything in my power to get things right. From the first day onwards, responsibility of the school is mine and my supporting members like prefects, sports captains and house captains. We shall stand together as a unit against all the obstacles in these coming days. Conducting duties and fulfilling my promises I would like to express loyalty and faith for my school. I shall leave no stone unturned in giving my best as the part of my task assigned and set an example for my schoolmates.

Siddhant Bhatt-VIII B, Head Boy, (Devli)

Leadership Is A Responsibility Not A Position



'Leadership is not about dominance and power but of dedication and sacrifice for a cause beyond oneself'.

First, I like to thank to the school authority and all my school mates for giving me this great opportunity to serve my school as a head girl. 25 July 2023 will be the most memorable day of my life because on this day I got a very precious responsibility to serve for my school. I was overwhelmed after the announcement of my name as a Head Girl.

The duties of a head girl are not easy but I will try my best to prove myself and undertake them faithfully and sincerely. I will strive for excellence in all spheres. I will enthusiastically complete the tasks assigned to me and create a hospitable environment in my school. Moreover, I will inspire my schoolmates for safe, respectful and conducive learning. I promise to be the voice of the students and serve my school to the best of my capability. I assure that all the prefects, house captains and sport captains carry their duties in a proper and impartial manner. My first priority would be to maintain the discipline and decorum of the school. I pledge to be honest, responsible and accountable to my actions

I feel proud to be the head girl of a great institution like St. Mary's on its 40th birthday.

Anmol Raj, Head Girl (Devli)

"Leadership is a combination of strategy and character."



I, Arush the Head Boy of St. Mary's Public School, Neb Sarai, for the current academic session (2023-24). Firstly, I would like to thank the management who thought I was capable of taking up this opportunity. The dream that I dreamt in class IV has now become a reality. And I don't have words

to express my extreme happiness. I was so happy when the Director Sir announced my name. The reason behind all this was the constant support and motivation from school authorities, teachers, and my friends.

I may not be perfect or always get things right, but I promise that I will do everything in my power to get things straight. I will stand firm with my cabinet as blessed grade with our own remarkable talents and use the proper functioning of school by performing our duties.

From now onward, the responsibilities of our school belong to us, so we shall stand as a unit against all the obstacles in these coming days So, let's join our hands together to work with spirit. I will deliver my duty with the utmost sincerity.

At last, I just want to conclude by saying "I am proud to be a St. Marian.

Arush, VIII-A Head Boy, NS

Leading With Trust and Purpose



I am deeply grateful for this opportunity to express my gratitude for considering me the position of Head Girl. My dream from class 2nd to be selected as the head girl has been accomplished. I want to thank the entire school community, teachers, staff, and my fellow friends for believing in my

potential.

Being chosen as the Head Girl is an honour that I truly value. I want to thank the selection committee for recognizing my dedication to both academics and extracurricular activities. This role is not just a title for me it's a responsibility and I'm

ready to embrace it wholeheartedly.

I extend my heartfelt thanks to my family for their unwavering support and encouragement. Their belief in my abilities has been my driving force. I also want to acknowledge my friends who have stood by me, offering their guidance and encouragement to me.

I pledge to carry out my duties with utmost diligence, always striving to be a role model and a source of inspiration for my peers. I am thankful for the trust placed in me and committed to upholding the values of our school. Thank you once again for this incredible opportunity to serve and lead.

Neeti Tiwari, VIII-C Head Girl, (Neb Sarai)

Spelling, writing, reading and the games we play.
Then reading, writing and spelling
We do and just lunch we're away.
We do play, reading and study for the rest of the day.
This goes on from September until the month of May.
Let me tell you its importance,
School are the first place to improve the capabilities and confidence level.
School focus on producing manners,

School Life



well-discipline and productive citizen of the country, School offers not only social development but also offers physical development by conducting sports, events and cultural programs.

I LOVE MY SCHOOL

Varnika, II C (Neb Sarai)

Activities Fiesta



Janmashtami Celebration



Teacher's Day Celebration



Robotics Exhibition



Rakshabandhan Celebration



Sanskrit Diwas



Hindi Diwas



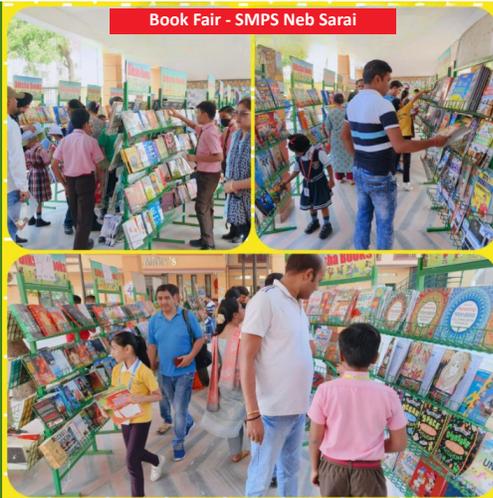
International Tiger's Day-SMPS Sainik Farm



Rangoli Making Competition held at SMPS Sainik Farm



Social Science Exhibition





CLASE DE ESPAÑOL -



As children were back with a bang to start the new academic session with enthusiasm and zeal, they attended their first Spanish class with knowing about the culture of Spain followed by colouring of the flag. Spanish is the second most spoken language in the world. So we, here at St. Mary's public school want our students to excel their communication skills by adding a foreign language in their curriculum. Studying Spanish increases children's understanding of the English language as well and how different languages evolve, which can also help with learning English vocabulary. You can encourage your child's developing mind to absorb fantastic communication skills from a young age. All work and no play isn't much fun. Kids can immerse themselves in the exciting culture of Spanish-speaking countries around the globe as what we instill in our children will be the foundation upon which they build their future.

-Saloni Sharma Spanish teacher (Neb Sarai)

Feliz día de los maestros

Mis maestras son las mejores

Que todo el resto

Mi maestra me enseña todo

Y recogerme cuando me caiga

Mi profesora me hace aprender

Que mucho diversión

Y hoy por ellas

Conozco el mundo que me rodea

Muchas Gracias !

Ryan Stephen, VIII A (Neb Sarai)



¡MI ESCUELA ES INCREÍBLE!

¡Mi escuela es increíble! Tenemos dos laboratorios de computación donde podemos aprender todo sobre tecnología y usar computadoras geniales. También tenemos un gran campo de baloncesto donde podemos jugar baloncesto y divertirnos. Hay muchos juegos para jugar también, como bádminon, taekwondo y patinaje. Los pasillos en nuestra escuela siempre están limpios y ordenados, lo cual hace que sea un lugar agradable para caminar. ¿Y sabes qué? ¡Recibimos la mejor educación aquí! Nuestros maestros son muy amables y nos ayudan a aprender muchas cosas nuevas. ¡Amo mi escuela!

Nishita Sharma, VIII A (Neb Sarai)

ESPAÑOL TRABALUNGAS

1. Papa Pone Pan Para Pepin

(Pa-pah po-ney pan par-ah Pe-peen. Par-ah Pe-peen po-ney pan pa-pah)

2. Hoy ya es ayer y ayer ya es hoy, ya llegó el día, y hoy es hoy.

(Oi ya es ai-yare ee ai-yare ya es oi, ya ye-go el dee-ah ee oi es oi)

3. Compré pocas copas, pocas copas compré y como compré pocas copas, pocas copas pagué.

(Come-pre pok-cas cop-as, pok-as cop-as come-pre y come-o come-pre pok-as cop-as, poke-as cop-as pa-ge)

4. Tres tristes tigres tragaban trigo en un trigal. En un trigal, tres tristes tigres tragaban trigo.

(Trays trees-tays tee-grays trah-gah-ban tree-go n oon tree-gahl. En un tree-gahl, trays tree-stays tee-grays trah-gah-ban tree-go)

5. Camarón, caramelo. Caramelo, camarón.

(Cam-a-ron car-a-melo. car-a-melo, cam-a-ron)

Adwita Jain

VI-B (Neb Sarai)



AMAZING SCIENCE FACTS

Water expands on freezing. The volume of 1 ice cube is 9% more than the liquid used to form it.

Mercury and bromine are the only two elements that change from a solid to a liquid at room temperature.

If you take a cup of water and put a few tablespoons of salt in it, the level of water goes down instead of rising and overflowing.

When you mix 1/2 L water and 1/2 L alcohol, the combined solution is less than 1 L.

Pure elements are found in different forms. For instance, pure carbon occurs in the form of graphite and diamond.

J is the only letter that is not present in the periodic table.

Copper and gold are the only non-silvery types of metals.

Ozone is produced when lightning strikes. It strengthens the atmosphere's ozone layer.

Oxygen gas has no color. But solid or liquid oxygen appears to be blue.

Sound travels about 4 times faster in water than in air.

Deepanshu Joshi

VIII C (Devli)



NAIL-BITING

Most of us may have been aware of the habit of nail biting. This is the habit often found in some people. It is a contaminated habit which can cause infectious disease. Most people begin biting their nails during childhood after age 3 or 4. Biting nails is common among 30% of the population. If your nail biting is chronic, you could be damaging your nails and the surrounding skin. Not to mention, regularly putting your fingers in your mouth might potentially infect your body with bacteria. No matter when or why you start biting nails, the habit could be difficult to break once it forms and repeatedly biting your nails can cause short-term issues to develop including:

- Fungal infections in the nail bed.
- Dental problems such as misalignment and chipped teeth.
- Cause illness as fingers pass bacteria to your mouth.
- Mouth infection including jaw pain and soft tissue injuries.

The three most common situations:-

- Anxiety or stressed
- Bored or under-stimulated
- Mentally engrossed in a task

To get rid of this habit try following remedy.

- Keep nails trimmed to reduce hangnails and ragged edges that tempt you to bite.
- Painting nails with bitter nail polish.

Changing any habit can be difficult and takes time but with the right plan and persistence you may be able to quit biting your nails.

Diksha Aggarwal
VIII A (Devli)

EARTH DAY



Our earth is special there is just one,
It gives us water, soil and sun.
People and animal share the land,
Let's all lend a helping hand.
You can save water, plant a tree.
Make better home for you and me.
Recycle things, don't throw away.
Make every day the Earth Day!

Aditi Jha
VII-D (Neb Sarai)

I am proud to
celebrate Earth Day
I give the Earth a
hand,
I pick up litter, care
for trees recycle
what I can.
I am EARTH day
helper each day and
everyday.
I take care of mother
earth in so many
ways.

Naman
II-C (Neb Sarai)



वसुधैव कुटुम्बकम्

ONE EARTH • ONE FAMILY • ONE FUTURE

G20 वसुधैव कुटुम्बकम्

एका पृथ्वी, एकः परिवार, एकः भविष्य

G20. 'वसुधैव कुटुम्बकम्' अस्य वाक्यस्य अर्थः संपूर्णः विश्वः एकः परिवारः अस्ति। अस्मिन् संसारे एकैकः व्यक्तिः अस्य परिवारस्य अंशः (सदस्यः) अस्ति। अर्थात् एका पृथ्वी, एकः परिवारः, एकः भविष्यः भवति।

G20 सम्मेलनम् विश्वद्वयं विपश्चिता संधाः अस्ति। अर्जेटीना, ऑस्ट्रेलिया, ब्राजील, कनडा, चीनः, ई0 यू फ्रांस, जर्मनी, भारत, इंडोनेश्या, इटली, जापान, मेक्सिको, रूस, सउदी अरब, दक्षिण कोरियाः तुर्की, ब्रिटन, संयुक्त राज्य अमेरिका आदि विंशतिः देशाः सम्मिलिताः भवन्ति।

G20 सम्मेलनम् मुख्यतया वैश्विक आर्थिक सहयोगं वर्धनाय एवं जागृतिं कर्तुम् जागृत विषयाणि चर्चयितुम् प्रवर्तते। चर्चा विषयाः व्यापारं एवं निवेश, जलवायु परिवर्तन, वैश्विक स्वास्थ्य, भौगोलिक कार्याणि आदि भवन्ति।

G20 सम्मेलनम् 2008 चतुर्थ कृत वैश्विक आर्थिक संकटात् प्रतिकृतिं स्रोतात् अभिव्यक्तम् समारभ्यते। सम्मेलनम् प्रत्येक वर्षे विविधा उत्सव सहितम् आयोजनं कुर्वन्ति।

अस्मिन् वर्षे अष्टादशमः वर्षीयः G20, प्रथम कार्य क्रमाणाम् आरंभः प्रधान मंत्री नरेन्द्र दामोदरदास महोदयस्य अध्यक्षणेन प्रगति मैदाने नई दिल्ली नगरे अभवत्।



प्रकृति मल्होत्रा, कक्षा-8ए देवली



विद्यार्थी जीवनम्

विद्यार्थी जीवनं सर्वोत्तमं जीवनं अस्ति। एषः जीवनः पठन-पाठने, अध्ययने, अनुशासने, आत्म-विकासे च परिपूर्णं भवति। प्रतिदिनं सुबुद्धिः च सञ्चयः च कार्याणि विद्यार्थिनः समापन्ति। विद्यार्थी शिक्षकेभ्यः गुरुभ्यः श्रद्धां वहन्ति, विद्याम् प्राप्नोति, विचारयन्ति, विकस्वर्गम् प्राप्नोति। विद्यार्थी जीवने मित्राणि महत्त्वं प्राप्नोति। मित्रः सहचराः च सहकर्मिणः विद्यार्थिनः आसन्ति, सहयोगं कुर्वन्ति, ज्ञानं विनियन्ति। विद्यार्थी जीवने खेलनि विद्यन्ति। खेलाः शारीरिकं स्वास्थ्यं बलं च वर्धयन्ति, मनः तरोति। विद्यार्थिनः समयं सर्वोत्तमं उपयुञ्जन्ति। समये नियमितं पठन्ति, प्रयोगं कुर्वन्ति, आत्म-विकासं प्राप्नोति। विद्यार्थी जीवने आत्म-विश्वासः अत्यधिकं महत्त्वं प्राप्नोति। आत्म-निरीक्षणे, स्वानुभवे च परिपूर्णं आत्म-समर्पणं जायते। सम्पूर्णं कार्याणि सर्वदा नियमितं पालयन्ति विद्यार्थिनः। अतः विद्यार्थी जीवने सदा प्रयत्नशीलः रहितुं चाहति। विद्यार्थी जीवनं एकं सञ्चय-वन्दन-शिक्षण-विकास-अभ्यास-प्रेरणा संगमं अस्ति। इत्थं सर्वोत्तमं जीवनं यः जीवति, स धीमान् विद्यार्थी भवति।

नायसा कुंडू, आठवां डी (नेब सराय)

MY MOTHER IS MY WORLD



Today I've got a tremendous opportunity to express my feelings towards my mother and all the mothers in the world through these not-so-great words of mine. Sure, no words can describe our gratitude or thanks for our mothers. She is the most

precious gift to us from the Almighty.

God had to have created moms to make up for this loss since he couldn't have been everywhere at once. Mothers play the most important role in our lives in every way. Every great person's mother was a major



source of inspiration for him. She serves as our first mentor, friend, and instructor.

When the child is born, she is given new life; she smiles when the child smiles; she sobs when the child sobs; and she falls asleep when she finds her child asleep. Her child's pleasure is her biggest source of joy. When her child is happy. Family is entire world for every mother, so at last biggest thanks to all mothers.

Kiara, VIII B (Neb Sarai)



Road Safety Campaign

Road safety is a cautious measure to reduce the risk of road accidents and road side injury. Accidents happen because of the mistakes of people while driving on the road. In today's context is the most significant issue which relates to the safety of public on the road. Millions of lives are lost annually throughout the world due to road accidents, resulting in huge loss of life, finance and resources for individuals as well as of the nation. Neglecting road safety can cause deaths of children and teens more than any other reason. This isn't all the case – between 20 and 50 million suffer non-fatal injuries that often result in permanent disabilities. **On 22nd July 2023, our school organized a Road Safety Campaign** to make parents as well as the students aware of the traffic and safety rules. The campaign conducted by our school was beautifully demonstrated by the students to share various information regarding road safety rules and symbols. They provided a road safety batch to parents as a token of awareness. **Students displayed posters 3D pictures, roads, traffic lights symbols etc** to make the campaign more effective. The main motive was to spread awareness to follow the safety rules and help in preventing the accidents on the road.

Akriti Biswal, VII-C (Devli)

TAKE YOUR TROUBLES

Take your troubles Best you can
 Stand right up
 And play the man.
 Face'em just
 As though you knew You were coming
 Safely through Blows will hurt
 And bruise you, maybe, But don't whimper
 Like a baby Stand right up And
 be a man
 Meet your troubles as Best you can.

Riya Balhara, Class XI-D



Why God Made Teachers

When God created teachers,
 He gave us special friends
 To help us understand his world
 And truly comprehend
 The beauty and the wonder
 Of everything we see,
 And become a better person
 With each discovery.
 When God created teachers,
 He gave us special guides
 To show us ways in which to grow.
 So, we can all decide
 How to live and how to do?
 What's right instead of wrong,
 To lead us so that we can lead
 And learn how to be strong.
 When God created teachers,
 In his wisdom and his grace,
 Was to help us learn to make our world
 A better, wiser place.

Arnav Singh, V-A (Neb Sarai)



1. What question you can never answer?
2. What can you break, even if you never pick it up or touch it?
3. A man dies of old age on his 25th birthday. How is it possible?
4. What has many keys but can't open a single door?
5. What is black when it's clean and white when it's dirty?
6. What cannot be put in the largest saucepan in the world?
7. What has hands but cannot clap?
8. What kind of band never plays music?
9. What has many words but never speak?
10. What five-letter word became shorter when you added two more letters to it?



ANSWERS-

- | | |
|-------------------------------|------------------|
| 1. Are you sleeping yet? | 2. A promise |
| 3. He was born on 29 February | 4. A piano |
| 5. Blackboard | 6. It's the lid |
| 7. A clock | 8. A rubber band |
| 9. A book | 10. Short |

Jiya, VIII D (Neb Sarai)

WARNED!!

The sands of time have rendered fear
Blue skies on high no longer clear
Stars were bright when they came
Now dimmed, obscured, pollution's haze
Crystal clear our waters gleamed
Fish abundant, rivers streamed
Oceans floors sandy white
Now littered, brown pollution's plight
Trees towered high above
Trunks baring professed love
Birds chirping from sites unseen
Gone, the paper joined the pollution team to protect what
has been given for free
Our water, skies, wildlife and trees
For once they are gone, don't you say
Consider yourself warned of that fatal day

Chitranshi Bashyal, 11-F

लेख: संस्कृतभाषा

संस्कृतभाषा भारतीय उपमहाद्वीपस्य अतीते प्राचीनः भाषा आसीत्। एषा भाषा संस्कृतनाम्ना प्रसिद्धा आसीत् औरस्य भाषायाः अनेका द्वारमाणानि शास्त्राणि, काव्यानि, धर्मशास्त्राणि, औपनिषदिकानि, गीता, रामायणं, महाभारतं च प्रणीतानि।

संस्कृतभाषा विचारशक्तिद्वारा काव्यस्य, विज्ञानस्य च विकासे सहायकी भवति। एषा भाषा भाषाशास्त्रे प्रमुखा अस्ति जिसमें स्वर, व्यञ्जन, संधि, समास, तत्पुरुष, द्वितीयापरोक्षादिका विचारः क्रियते। संस्कृते सप्तभिः विभक्तिभिः, त्रिषु वचनेषु, त्रयः लिंगाः प्राचीनः विभक्तिशब्दाः सन्ति। आधुनिके काले, संस्कृतभाषायाः पुनर्निर्जीवनं प्रारम्भमानम् अस्ति, यथा केन्द्रसरकारेण संस्कृतभाषायाः प्रयोगः बढति च। इत्थं, संस्कृतभाषा भारतीयसंस्कृतियाः महती अंशः आसीत् और आज भी महत्वपूर्णा अस्ति।

चेष्टा सिंघल, आठवीं-सी (नेब सराय)

स्वप्नेषु विश्वासं धारयन्तु

स्वप्नेषु विश्वासं धारय, कार्यं कर्तव्यं, त्यागात् मा भयं कुरु, आलस्येन परित्यक्तः भव।

त्रुटिं कर्तुं मा भीहि, पतित्वा उत्तिष्ठतु।

समस्याः मार्गाद् बहिः स्थापयन्तु, शिला अपि तु पादेन कूर्दनं कुरु।

तूफानानां सम्मुखीकरणस्य साहसं भवतु, कस्यापि क्लेशस्य भयस्य आवश्यकता नास्ति।

यत्किमपि प्राप्तुम् इच्छसि तत् उन्मत्तवत् काम्य स्वकार्यं कुर्वन् भव, परन्तु तथा सह ईश्वरस्य पूजां कुरुत।

तदा पश्यन्तु भवतः भाग्यं किं वर्णं दर्शयिष्यति, भवतः गन्तव्यं प्राप्स्यति, भवतः गन्तव्यं प्राप्स्यति।

नीति तिवारी, आठवीं सी (नेब सराय)



हिंदी दिवस भारत की शान

हिन्दी दिवस प्रत्येक वर्ष 14 सितम्बर को मनाया जाता है। 14 सितम्बर 1949 को संविधान सभा ने यह निर्णय लिया कि हिन्दी केन्द्र सरकार की आधिकारिक भाषा होगी क्योंकि भारत के अधिकांश क्षेत्रों में सर्वाधिक हिन्दी भाषा बोली जाती थी इसलिए हिन्दी को राजभाषा बनाने का निर्णय लिया और इसी निर्णय के महत्व को प्रतिपादित करने तथा हिन्दी को प्रत्येक क्षेत्र में प्रसारित करने के लिये वर्ष 1953 से पूरे भारत में 14 सितम्बर को प्रतिवर्ष हिन्दी-दिवस के रूप में मनाया जाने लगा। स्वतन्त्रता प्राप्ति के बाद हिन्दी को आधिकारिक भाषा के रूप में स्थापित करवाने के लिए काका कालेलकर, हजारीप्रसाद द्विवेदी, सेठ गोविन्ददास आदि साहित्यकारों को साथ लेकर व्यौहार राजेन्द्र सिंह ने अथक प्रयास किये। हिन्दी दिवस हमें देशभक्ति भावना के लिए

प्रेरित करता है। आज के समय में अंग्रेजी की ओर एक झुकाव है जिसे समझा जा सकता है क्योंकि अंग्रेजी का इस्तेमाल दुनिया भर में किया जाता है और यह भी भारत की आधिकारिक भाषाओं में से एक है। यह दिन हमें यह याद दिलाने का एक छोटा सा प्रयास है कि हिन्दी हमारी आधिकारिक भाषा है और बहुत अधिक महत्व रखता है। हर साल 14 सितंबर को मनाया जाने वाला हिन्दी दिवस भारतीय संस्कृति को संजोने और हिन्दी भाषा को सम्मान देने का एक तरीका है।

वतन की सबसे प्यारी भाषा, जगत की सबसे न्यारी भाषा॥

हिन्दी दिवस की हार्दिक शुभकामनाएं॥

जिया, आठवीं डी (नेब सराय)

TEACHERS: REAL ICON



Teachers nourish and prepare students for their future as they are the real icon of knowledge and wisdom. They create awareness among the students and common people. They are the source of light in the world that has been darkened due to ignorance. Our teachers are the true pillars of our success. They help us

garner knowledge, improve our skills, grow confidence as well as help us to choose the right path to success. But, despite playing such a crucial

role in the lives of students and in nation-building, they rarely are shown the gratitude that they deserve. So, as a student, it is our duty to thank them at least once a year and Teachers' Day gives us an ideal opportunity to do so.

In addition to their own teachers and mentors, 5th September is also a day when a person can look back, and be inspired by the life and works of Dr. S. Radhakrishnan. He hailed from a small city and with the help of education, he became an esteemed politician and a visionary educationist.

Teachers Day is a great occasion for celebrating and enjoying the relationship between teachers and students. So, try to meet your teachers on the day and convey your wishes. If they are far then send them a message and make their day memorable.

Kanak Mishra
VII A (Neb Sarai)

“The Beauty of Feeling Loved”

“Experiencing love is, personally speaking, an incredibly wonderful sensation. It’s that feeling of being cherished, appreciated, valued, and capable, where happiness seems to course through your very being. It’s those small gestures of appreciation for the little things you do. It’s knowing that there’s someone who will stand by you, unwavering, no matter the circumstances. This love isn’t solely about a romantic partner; it’s about being loved by someone you genuinely care about. It’s pure and priceless. The small acts of kindness they show you are more valuable than the most extravagant gifts.

When you are aware that someone cares deeply for you, loves you unconditionally, and offers unwavering support, it creates a feeling that no matter what life throws at you, that person will be there. We can’t face every challenge alone; we all need a soulmate, a dependable shoulder to lean on. Everyone deserves to experience love. Feeling loved provides you with a reason to wake up each morning, to savor life, and to endure because you know there’s someone who has your back.

This feeling of being loved is akin to having a purpose, a reason to persevere. We all have imperfections, but to the person who loves us, those flaws are seen as beautiful qualities. Even the moon, with all its craters, is a sight to behold. We hold on because we are loved—by our mothers, fathers, families, and friends. It’s what makes the leaf more exquisite than the flower.”

Gunjan, XD

Learning with Experiments: Eco and Stem Club



Science experiments are important in our daily lives because they help us to understand how the world works. They allow us to develop new technologies, medicines, and other innovations that improve our quality of life. Science also helps us to understand how we can protect our environment.

Eco and Stem is the club where we learn experiments related to science and surroundings. I choose this because there are lots of new experiments to learn science in simple and easy way. I got to know many things that I never knew before. On the first day of this club I learnt about the importance of experiments. The first experiment I learnt was one related to water density and the second was of air pressure. Afterwards, every Thursday I found myself eagerly waiting to do different types of experiments and usually I performed them successfully. It is very important to know about our environment. Eco and Stem Club is making the students aware of the facts and the myths about the environment. While going to club I am curious to know about the next experiment for the next club day. I am really enjoying Eco and Stem Club.

Jayant
VIII B (Devli)

CHILDREN'S CORNER

Spot the differences.

Find the Six differences between the two pictures given below.



Picture plus

Combine the alphabets and pictures as shown to get the names of six countries!

<p>①</p>  <p>+ A</p> <p>+  T</p>	<p>②</p>  <p>CHUTE</p>  <p>+  VA + Y</p>	<p>③</p> <p>N </p> <p>+  ON + A</p>
<p>④</p>  <p>FF +</p>  <p>T</p>	<p>⑤</p> <p>P D </p> <p>+  L M</p>	<p>⑥</p>  <p>S M + A</p>

Answers: Spot the differences

Picture Plus



- | | |
|-----------|------------|
| 1 Panama | 2 Paraguay |
| 3 Estonia | 4 Cuba |
| 5 Denmark | 6 Malta |