

MIND GAMES



Sudoku

	5						8	9
						1	7	
			9					5
		9	5	8	7		4	2
		8					9	
4								6
	3	6		9	5			
	9	7	8					
		4	6					

INSTRUCTIONS:

- > Fill in all the squares in the grid.
- > Only use the numbers 1 to 9.
- Avoid trying to guess the solution to the puzzle.
- Only use each number once in each row, column & grid.
- Use the process of elimination as a tactic.
- Use cross-hatching and penciling in techniques

Sonakshi (XI-E)

Students send your answers in the given mail ID and get a chance to be featured in the next edition of Spiegel stmarypublicschoolnebsarai@gmail.com



Solution (October-December 2022 Edition)



Sudoku Solution

9	6	8	4	7	3	5	2	1
1	5	4	9	2	8	7	6	3
7	2	3	1	6	5	4	9	8
2	1	7	3	4	6	9	8	5
3	4	5	2	8	9	1	7	6
8	9	6	7	5	1	2	3	4
6	8	9	5	1	7	3	4	2
4	3	1	8	9	2	6	5	7
5	7	2	6	3	4	8	1	9

Congratulations!

of class VII B,
Devli Branch,
is the winner of
Sudoku of
Volume 37





16

1



Spiegel

Editorial Board
Editorial in Chief:
Aby Thomas Alex

Board Members:

Anita Sharma Poonam Gaur Sangeeta Joshi

Photo Compilation: Mary Meghna Choudhary

Design & Creatives:
David Thomas

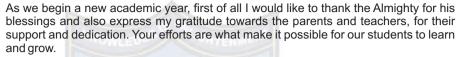
Published at : St. Mary's Public School 532, Forest Lane, Nebsarai, New Delhi 110 068

Printed by : Murali Unnithan

Message from Administrator

Dear Parents & Students,

Greetings for a wonderful academic year!



And my dear students, I hope everyone had a refreshing break and is feeling energized and ready to tackle the challenges of the new academic year. As we move forward, let us continue to focus on our goals and work together to achieve them. Let us strive for

excellence in all that we do, and remember that every effort we make is a step towards success.

Always remember there is no substitution for learning. Take advantage of every opportunity that comes your way. Be lively in class, participate in extracurricular activities, and always be willing to try new things. Your education is what will prepare you for the future, so believe in yourself and be confident that you have the potential to achieve great things.

Parents, I urge all of you to embrace a growth mindset. Motivate your child to set goals and help them stay organized and focused. Make sure they attend school regularly and on time, and take an active interest in their schoolwork.

As you all know in today's world, newness of technology is becoming shorter day by day, and introduction and adoption of new technologies are progressively accelerated. Artificial Inteligence (AI) has become more powerful tool to develop the technologies. It has become the need of the hour to adopt the teaching and learning for the future world. That's why this year we are moving one step ahead. Introduction of Artificial intelligence (AI) subject will boost up more opportunities to our students. Also, school is introducing Robotics lab for Class Vth to VIIIth after summer vacations to expose the students to the general functioning of a robot. These labs help students to learn and experiment with innovative technology. Further details will be shared by the respective class teachers.

Dear All this year is very special for all of us. As we embark the 40th year celebration, we expect whole hearted support and cooperation from you. Let us join our hands, let us be supportive of one another to work together as a family to achieve our goals.

Thank you all once again

Aby Thomas Alex

Congratulations!

Mrs. Karuna Mahopatra Teacher

(Neb Sarai) won Bronze Medal in

the 3rd Delhi cadet 6th Pencak

Silat Federation Cup 2022-23,

held in Goa.

OUR ACHIEVERS

Taekwondo Championship



Khushi Sharma of VII-C (Devli) won **a Gold Medal** in he 3rd Delhi State Cadet Taekwondo Championship 2023.

Luv Sharma of VI-B (Devli) won a Gold Medal in the 9th South East District Taekwondo Championship 2022.

Winner of **Science Olympiad** (all over India)





Saburi Bose of class 11th A made the school proud by achieving the First Position at the National level in the International Science Olympiad 2022 held in the month of November 2022 and January 2023. She received a Laptop and Certificate as a prize.

CHARITY

Last Quarter we have Contributed Rs 1,72,000/- towards various purposes like:

Medical Aid
 NGO's
 Marriage Support
 Scholorships



SCHOOL – OUR SECOND HOME!!

"It is not what we do once in a while that shapes our lives, but what we do consistently."

I, Jyotirmayee Sahoo Head Girl (2022-23), is extremely thankful to God for giving me an opportunity to work as a head girl of our esteemed school. It has been an incredible journey for me over the past year, and I would like to take this opportunity to reflect on the highlights of my term. As the head girl, I worked closely with the school administration, teachers, and students. I extend my gratitude to the management and teachers who had shown their trust upon me and supported me throughout in my term.

Many times I was taken out of my comfort zone. My very first stage appearance was on the foundation day of our school in 2022. It became the stepping stone to my further stage experiences and after that there was no looking back. My responsibilities has helped me in discovering my strengths and capabilities as well as my shortcomings. I would like to thank our Director Sir, Principal Ma'am, Vice-Principal Ma'am, Administrator Sir, teachers, non-teaching staff, and all the students for their great support. This school is my second home, where I learned everything that is required to lead a decent life. We may not be in a good mood to come to school, but after meeting our dear friends and the environment we experience here, our mood automatically lifts. I am sure the values of our school have filled us with so much confidence that we can readily take on any challenge

I will always treasure the memories that I have created during my time as a Head Girl and will always be proud to proclaim that "I am a ST. MARIAN"

Thank you all

Jyotirmayee Sahoo VIII C Head Girl (Neb Sarai)

SPANISH – THE LANGUAGE OF OPPORTUNITIES



Language learning is fun for all and Spanish is no exception. In the era of globalization, knowing a native language is not enough. With over 500 million speakers, Spanish knowledge gives you the edge over other languages. As we all know that Spanish is a great language to learn. It is the bond for most spoken language in the world. After

Chinese and Mandarin Spanish is the primary language of 20 different countries worldwide. According to a survey made in the year 2023, it is estimated that about 486 million people speak Spanish as a native language. We all know that learning a foreign language will unlock a world of travel destination for us. The language will help us to interact with the people European and Latin American countries. If a person is bilingual he/she is more competitive in the workplace. Ability to understand Spanish enables us to gain important insights which monolinguals cannot. It is also one of the most commonly used languages on the internet as far as the content volume is concerned. The US Census Office suggests that the US will have roughly 138 million Spanish speakers by 2050 — making it the largest Spanish-speaking country on the Earth. So, if you're thinking about going in the USA, in future then that's a perfect reason to learn Spanish in India. And That's the reason I love this language a lot.

Harshi Sharma VI C Devli



GRATITUDE IS THE BEST ATTITUDE

"Education is that which remains, if one has forgotten everything he learned in school."

I, Ayush Bishwakarma Head Boy (2022-23), just want to say that it was an absolute honor to be a Head Boy. This role has certainly enabled me to develop new skills, taught me how to work with new people, and allowed me to make life-long friends for sure. Few months ago, I was standing up here reading my speech to be Head Boy of this academic year. Now, I'm here saying my thank you and goodbye, which really does make me quite sad, yet excited to move on to new adventures.

The opportunities I have been given at this school have been absolutely phenomenal. I really cannot thank the school management, teachers and students enough for this. To work as a Head Boy in St Mary's has been a dream come true; I'm not sure that I would have had these same opportunities anywhere else. It is because our school have so much interest in enriching us to be an all-rounder individual. Therefore, I extend my sincere thanks to the Director Sir, Principal Ma'am and teachers who inculcated such capabilities in me that I felt confident to be able to discharge my duties and responsibilities as the Head boy of a prestigious school. Also I thank all the students who trusted me and have put their faith in me.

Working hard is very important and I believe it is the only thing that will help us in reaching our goals. Thank you.

Ayush Bishwakarma VIII D Head Boy (Neb Sarai)

DOWN THE MEMORY LANE



lives of students. It is a time when they learn not just academic subjects, but also important life skills,

social values, and cultural norms. The experiences and challenges that students face during their school years shape their personality, interests, and aspirations, and set the foundation for their future success.

It has been 10 years since I joined Saint Mary's. It was a magnificent journey in Devli Branch. I have lots of memories associated with my school which has become an emotion for me. This school has given me a chance to form friendships, develop empathy and respect for people from diverse backgrounds.

It has also made me capable of facing many challenges and becoming independent. Teachers play a crucial role in shaping a child's future and as a Saint Marian I got all sort of the support from compassionate and knowledgeable teachers who were always ready to help in my overall development.

Moreover, it has been a fascinating journey which I could never forget, and as a student I would never stop leaning and growing. My time at Saint Mary's Devli Branch has been a positive and memorable experience for me.

Prince Gupta VIII B (Devli)



Knowing others is intelligence, Knowing yourself is true wisdom Mastering others is strength, Mastering yourself is true power.

The main purpose of Personality Development Club is to provide students with a cohesive and integrated personality which helps us to improve their communication and leadership skills.

Possessing good communication skills is very important for both personal and professional life. People are more receptive to what you say if they are impressed with your personality. Verbal communication skills are also part of personality development which strengthen the impact of our message

The five primary personality traits are extraversion (also often spelled extroversion), agreeableness, openness, conscientiousness, and neuroticism. These five aspects include: extraversion, agreeableness, openness, conscientiousness, neuroticism. Several other people have written on several other aspects of personality development, some of which include the mental, spiritual, emotional, physical, social and moral aspects.

Personality development is defined as a process of developing and enhancing one's personality. It helps an individual to gain confidence and high self esteem. Personality development also is said to have a positive impact on one's communication skills and the way he sees the world

Speaking confidently is the key to create impression on others. Do not show signs of nervousness while interacting with others. There is no point of being nervous unless and until you yourself are not sure of what you are speaking. Develop proper eye contact with the other person.

Here are few simple yet crucial points how one can acquire a well-defined personality.

Know yourself....

Bring positivity in your outlook. ...

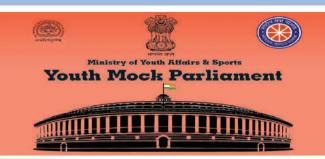
Read more often and develop new interests....

Be a good listener. ...

Be courteous....

Work on your Body Language.

Aditya Rana VII B (Devli)





"Education is beautification of the inner world and the outer world."

The students of class 8th Devli Branch enacted the parliamentary operations, demonstrating how lawmakers debate topics, and introduce bills etc. About 35 students participated and enacted the look of a real parliament.

The session began with the first procedure that was the Oath Taking. This was followed by the Question Hour. During the question hour questions posed by members of parliament were answered by the respective ministers that the questions are addressed to, introduction of bills, and calling of attention motion etc was presented excellently.

Mock Parliament is a method for the students to know about the Indian Parliament and its proceedings. The participants played role of members of parliament and discuss an entire spectrum of real-world. Social, geopolitical and economic issues such as GST, Taxes etc were discussed by the students as the members of the parliament.. Mock Parliaments promotes a series of skills that with proper teaching and guidance, is very important in the holistic development of an individual. This activity exposed participants to current events, local politics and economic issues.

Aakriti Pandey VIII B (Devli Branch)



Republic Day, a festival of democracy, Means to me......

I am fortunate to have been born in India, a diverse and multicultural country renowned for being the world's largest democracy and secular republic. The 26th of January is a significant day of celebration, honoring the tireless efforts of the creators of our Constitution who remained optimistic even during uncertain times. The Republic Day parade at Rajpath, the courageous defenders of our nation, and the vibrant display of India's rich cultural heritage evoke a sense of pride in every citizen. This day serves as a reminder of our roots and the importance of valuing freedom.

Sakshi kashyap XI-B

India is one of the oldest civilizations in the world, spanning a period of more than 4000 years. It is known as the largest democracy in the world. Republic Day is celebrated to remember the historical moment when our nation became an independent Republic country. Our constitution, which came into effect on this day, is our testament to the value of Democracy, Justice. and Equality that has guided our nation since its Inception. India is a land of vibrant colors, rich history, and heritage. And for that, I could not be more thankful. Our heroes waged a valiant struggle so that India's future would not be enslaved.

Annu IX-A

January 26 is the day when our country unleashed her hitherto clipped wings, all set to soar high into the firmament of unfettered growth. It was the constitution that redeemed the nation from floundering in the mire of poverty injustice illiteracy and communalism. The onus is now on us to realize the visions of our forefathers by building a nation on the ideals of equality Liberty justice and fraternity lest our constitution becomes a mere chapter of the history book.

Shruti Goswami IX-D

Republic Day is important because on this day that the constitution came into effect that laid down enabling framework for the creation of a thriving democracy. Over the years, the constitution has guided the nation on several critical occasions and ensured that we remain a united and progressive nation.

Sarthak Anand IX-C

On this day, I wish that citizens of India respective of religion should celebrate the occasion. Religion is supposed to be a source of kindness and brotherhood but lately, it has become one of the causes of hatred and war. Religion should not come as a basic fundamental right as our National Anthem also States religion should not matter we should keep it apart when it comes to the motherland.

Krishom XI-E







n UU

14

~ N N **7**0 U BAT U HCOIL 100





4

CLUB: FABRIC PAINTING; ART OF COLORING

Fabric painting is the application of specialized paints to FABRIC PAINTING fabric. It is possible to paint any fabric, but tightly woven natural fabrics like cotton and silk are easiest to decorate if a crafter is attempting to create images. Some people use paint on fabrics for other effects, such as splattering or sponging, and these are less dependent on the type of fabric or paint for clean effects. One of the most common styles of fabric painting is using a paintbrush to apply paint to a fabric just as one might do on paper. The dried painting can then be worn. Some people find that stencilling or transferring the design onto the fabric in advance can be helpful when attempting to draw complex designs.

Fabric painting gives the chance to the students to practice art and creativity on the very versatile substrate of fabric and textiles. There are some great benefits to fabric painting. It allows the students to customize clothes, wearable textiles, as well as fabric for upholstery and other crafts. Painting is fun for kids. A child, especially a middle schooler who likes

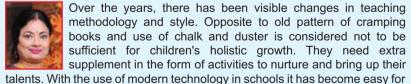


painting on paper, would probably like fabric painting. However, it's a very different medium altogether. Kids can create unique and beautiful designs on their shirts, pillow covers, plain bed sheets. cushion covers, bags etc. It's a great way for children to work with textiles that doesn't involve sewing! Students participated enthusiastically.

Mrs Suman Kaushik Teacher Fabric Painting Club (Neb Sarai)

TEACHING AND TECHNOLOGY





the students to learn smoothly. They are taught a manner to tackle from chalk and blackboard to technology driven thrilled smart education. The toddlers today have different and various fun-filled activities that provide them thrill while learning. Moreover COVID -19 has completely changed the educational institutions for imparting knowledge to students. It was a blessing for pushing all the teachers to the use of technology and update themselves with the time. For students although it's a techno-driven age but at the same time old conventional education is still important part in their growth.

> Sharmila Dora Primary Teacher (Devli)

ACHIEVING MILESTONES: MARIAN'S TODDLERS



world's Early child development plays a post valuable key role in preparing children for and its best life. SMPS Marian Toddlers future. block curriculum has been designed to ensure balanced growth and holistic development

of 3-5 years old children.

Our curriculum: SMPS Marian's curriculum focuses on the holistic development of every child. Through play activities and group work our curriculum has also been designed keeping in view their exceptional needs. It is designed to take care of and nurture young minds with fun-filled activities. Our classrooms provide a safe and secure enriching environment to every child. We focus on the following areas of development of a child's physical, intellectual, language, creative, and socio-emotional skills.

Activities and Celebrations: We conduct activities and celebrations that focus on our kids' pedagogy. We celebrate National and International festivals like Grandparents Day, Emoji Day, Doctors Day, Halloween Day, Diwali and etc.

We do not stop here, celebration takes place throughout the

Giggle Gala: The students of Pre-School and Pre-Primary along with their parents and teachers take part in the event with great zeal and enthusiasm.

Sports day: We all know that sports are an integral part of our education system and very important for the well-being and overall personality development of our children. To achieve this goal, our toddlers of SMPS celebrated the magic of being a part of games and sport. There were races like an egg on the mountain, pick the ball, Obstacle course race, etc.

"FIT O KID": By doing all these activities we are making our kids socially conscious and embedding in them the cultural celebration for making them globally aware. Health is of utmost importance, therefore, how we can neglect our sports activities. The school has started with the "FIT O KID" activity believing in holistic development. Here the child plays various games and develops his gross motor skills.

"It takes a big heart to shape young minds"

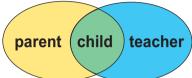


Ms. Pooja Vishwakarma Teacher Marian Toddler (Neb Sarai)

NURTURE PARENT CHILD RELATION

Being a parent is the most precious relationship in one's life. The parent child relationship nurtures the physical emotional and social development of a child. This relationship is instrumental in laving foundation for the child's personality, life choices, and overall behaviour.

Our School is committed to inculcate moral values along with academics. We must understand the partnership of parent and school is very critical for the holistic development of each child. As a parent your daily practices at home has a deep influence on your child. A conducive environment at home goes a long way in development of a child and building moral virtues. Try to make them confident apart of your decision and praise their suggestions. Answer their curiosity so that they become a responsible citizen in future.



Understand their point of view on the things as every child is different in their own way. Try to find the hidden talent in them, set some rules for your family including you and abide yourself first along with your family.

Acknowledge need of an hour and response accordingly. Aparent is not an instructor but a loyal friend a trust worthy guide. So, be an amazing partner of your child's life and help them to blossom and shine.

Mrs. Neelam Tyagi Teacher (Neb Sarai)

I am still a Teacher

It is so hard to leave-Until you leave

As I consider the new horizon, I have to think about the past too. My journey was not easy but as a team we made many incredible gains in the program we were offered and the learning experience we provided to the

children. I truly enjoyed working with children; I had planned some amazing teaching efforts. I will miss doing the work that I have done for so long. To retire from teaching after connecting with students for around 29 years and building their characters over many years is never ever going to be easy at any point of time. Working with such an esteemed institution, was a pleasure and I have tried giving my energy, enthusiasm, honesty, respect and love to the institution. I entered a profession dedicated to assisting young minds to achieve their best selves. As I leave it. I look back with gratitude. I am taking many of you with me. Thank you to the school administration for their support and being exemplars of what it is to serve faithfully with humility. I will be forever grateful to our respected Director Sir Dr. Thomas George and the enormous collection of shared experiences indelibly printed on my mind.

> Mrs. Sunita Arora Former Teacher (Neb Sarai)

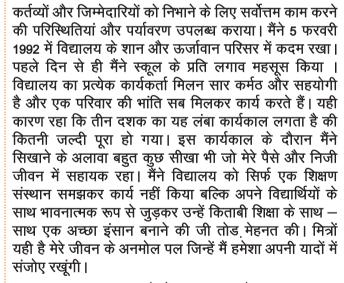
जीवन का सुनहरा सफर

मेहनत इतनी खामोशी से करो की सफलता शोर मचादे



प्रिय साथियों.

सबसे पहले मैं सरोज बाला विद्यालय के निर्देशक, प्रबंधक, साथी शिक्षकगण, कर्मचारियों, छात्रों और अभिभावकगण का तहेदिल से धन्यवाद करती हुं कि आप सबने मुझे मेरे



"गुजर जाते हैं खूबसूरत लम्हे, यूंही मुसाफिरों की तरह। यादें वहीं खड़ी रह जाती हैं। रूके रास्तों की तरह। एक उम्र के बाद उस उम्र की बातें. उम्र भर याद आती है। पर वह उम्र, उम्र भर नहीं आती"।

> श्रीमती सरोज बाला शिक्षिका, नेबसराय (सेवानिवृत्ति)



HEALTHY LIFE LEADS TO HEALTHY MIND



The proverb 'Health is Wealth' is highly popular, indicating he significance of "Health" to us. Many of us believe that just being free of any illness makes for a healthy life. But, that's not all that good health is all about. A person has to be fit not just physically but mentally as well, to be known as completely healthy. Other aspects adding to it are emotional and social health, as well,

A definition of health includes your physical, mental, emotional and social well-being. Having a healthy lifestyle is the key to being happy. It also helps to motivate you to achieve higher targets. One main

advantage of leading a healthy habit is that it brings positivity to your life, leading to longevity and success. It is imperative to balance your life and work to attain a healthy lifestyle



healthy + healthy = happy

Thus, we can see that maintaining a healthy and active mind and body is the key to balancing your daily activities. Few tips are:

- Consistent habit and a disciplined life helps to maintain a healthy
- Enhancing your ppearance helps to boost your confidence and
- Exercise helps to burn out extra fat and keeps you happy.
- Strengthen your immune system so that you don' fall ill often. Avoid junk
- Cleanliness is another factor that adds to a healthy lifestyle. Take bath daily.
- Clean surroundings help to avoid the risk of infectious diseases. Do not litter
- Taking proper rest is another factor that allows us to lead a healthy lifestyle. Eat nutritious food and eat one fruit daily.



Mrs. Shiny Aju Nurse (Neb Sarai)

FAREWELL CEREMONY



Our school gave a ceremonial send-off to the graduating class of 12 students (2022-23 academic session) with a formal graduation ceremony and farewell party. It was a fiesta devoted to the years spent together with their classmates and teachers to reminisce joyous moments.

The students along with their teachers gathered in the School Auditorium. The event was attended by Director Sir Dr.Thomas George, Mr. C.G. Mathew George, Principal Mrs.Daisy Thomas, Vice Principals Mr. Ashwani Kumar Sharma, and Mrs. Derlin Thomas.

The day began with each member of the departing class lighting a candle to symbolize the knowledge and memories they had left behind. The function commenced with the Tilak Ceremony by the teachers followed by the lighting of the ceremonial lamp with the prayer to the Almighty. It infused sanctity, purity, and serenity into the air.

The Principal Mrs.Daisy Thomas in her address extended her best wishes and inspired the students to realize their self-worth. Our Director sir Dr. Thomas George also motivated the students and urged them to focus singularly on their goals and work conscientiously. The valedictorian in their Farewell speeches paid tribute to the school by reminiscing about their journey and thanked their alma mater for giving them opportunities to shape their personalities. It filled everyone's heart with infinite emotions.

The program's highlight was a colorful ensemble of scintillating dance performances and melodious songs thoroughly enjoyed by the audience. Thereafter, the class 12 students were bestowed the titles which they enjoyed a lot.

The entire event was an amalgamation of exuberance, entertainment, and emotions. Quoting a personal anecdote, the school Vice Principal Mr. Ashwani Kumar Sharma also motivated the students to face the challenges in life with high spirits and become problem-solvers.

Later in the day, the students were treated to scrumptious meals. The day, filled with nostalgia and excitement, made everyone remember that the pain of parting is nothing to the joy of meeting again.

Anita Sharma Teacher (Sainik Farm)

ENRICHING LEARNING EXPERIENCE...

DIY CLUB

"Creativity is not about doing something better than others, it is about thinking, exploring, discovering and imagining."

St. Mary's Public School has set the benchmark for conducting different club activities in such a way that the students not only enjoy but also learn a great deal from it. Various club activities were organised under different clubs to develop a child physically, morally, socially and mentally to hone skills in co-scholastic areas. One club that particularly helped primary class children to acquire new skills was DIY Club.

DIY stands for do-it-yourself. From DIY children can learn to create new things or learn drawing techniques. This helps them in developing bilateral co-ordination and fine-tune motor skills.

Students enjoyed DIY activities such as scissor-cutting, painting stones, creating different shapes with papers, decorating items and so on. Children learnt from each other. Whether they were working in one project or separately, everyone was able to learn from each other. They made school logo, flowers, paper boats, paper wheel, candles, stone painting and other sorts of things for decorations. DIY activities enabled students to meet, mix and collaborate with other students. It also helped them to develop sense of unity, team work, confidence and independence.

DIY Club that is not only fun but allows for so much learning! They are easy, fun-filled and enhances creativity.





Mrs. Gracy Joy Teacher (Neb Sarai)

THEATRE CLUB: Theatre is the culmination of all art forms

The theatre is certainly a place for learning about the brevity of human glory: oh all those wonderful glittering absolutely vanished pantomime! ~Iris Murdoch

Theatre is an organization of people interested in a particular activity or subject related to dance, drama, opera and acting. It involves intense performance dramatic presentation. Students in this club enjoyed and participated enthusiastically to justify their presence in theatre club. Teachers involved in this club also shown diligence nature and constantly and consistently worked with students to bring the best talent in front of the audience. We were applauded every time after the performances which not only motivated students to look for the new and upcoming event but also pumped adrenaline gush on the concerned teachers to work for new projects. Our club contributed dance and drama in the events like Teachers day, Independence day, Diwali celebration, Christmas celebration, and Republic day. Students learned to work in a team, developed script conceptualising, oratory, voice over, face expressions and most importantly costume coordination according to the events.

Mrs. Poonam Gaur, Mrs. Varsha, Mrs. Seema Rana Teachers (Neb Sarai)



CLUB: STITCHING

Stitching in most Indian households was a part of the traditions handed down from grandmothers and mothers. If you want your child to have a hobby that will have a positive impact on their character development and mental growth, sewing can provide them with educational, physical and mental benefits in an interesting and fun way. On top of that, it can also become a valuable skill in their lives, one which will prove itself useful over and over, all the way to adult lives and further, with this thought we have decided to make "Stitching Club" one of the skill development clubs as a part of our curriculum.

Students took part enthusiastically learnt following skills during the club

- 1 Embroidery chain stitch
- 2 Knitting
- 3 Crochet
- 4 All kinds of stitches like temporary stitches, permanent stitches, running stitches, baste stitch to name a few.



Mrs. Sunita Arora, Mrs. Namita Gupta Teachers (Neb Sarai)

CLUB: KALAMKARI (Hand Block Printing)

Block printing can significantly enhance any craft or creative endeavor by incorporating various patterns and textures! It entails drawing a pattern on a block of wood, inking the block, and then stamping the pattern into material like cloth or paper. It is quick and easy to create artwork that can be printed on cloth using this method. I gave each student in the class a thorough explanation of block printing, including the benefits that demonstrate how it works. Students happily participated and enjoyed themselves. They enthusiastically brought blocks,



fabric, and colors to learn how to print. Our club also had tablecloths, bedsheets, and pillowcases on display in addition to kurtas, handbags, and handkerchiefs. Parents admired the amazing presentation and appealing designs when we displayed it at the Diwali Mela.

Mrs. Natasha Grewal Teacher (Neb Sarai)







The growth of school kids has always been significantly influenced by art and craft. Participating in creative activities has a significant impact on one's philosophical and psychological well-being beyond just being a means of creative expression. In this article, we'll look at how art and craft affect pupils in the classroom and what advantages they have for their intellectual and emotional growth.

Philosophical Impact:

Art and craft are often viewed as a way of connecting with our inner selves. By engaging in the creative process, students are encouraged to think about the world around them and their place in it. This can lead to a greater sense of self-awareness and personal growth.

One of the primary philosophical benefits of art and craft is that it encourages students to think creatively. The creative process demands that individuals think outside the box and explore new ideas. By doing so, students become better problem-solvers and are more open to new ways of thinking.

Psychological Impact:

Art and craft also have a significant impact on the psychological well-being of students. There are numerous psychological benefits that come with engaging in creative activities. Some of the most important ones are:

- Reducing stress and anxiety: Creating art can be a meditative and calming experience. It allows students to take a break from the stresses of daily life and focus on something positive and productive.
- Improving focus and concentration: Art and craft require a great deal of focus and attention to detail. This can help students to improve their concentration and develop their attention span.
- Boosting self-esteem: Creating art can be a rewarding experience. When students create something that they are proud of, it can give them a sense of accomplishment and boost their self-esteem.
- Fostering creativity: Engaging in creative activities can help students to develop their imagination and creativity. This can be particularly beneficial for students who struggle with creativity or who have difficulty thinking outside the box.

In conclusion, art and craft have a profound impact on the philosophical and psychological development of school students. By encouraging creativity, self-expression, and personal growth, these activities can have a positive impact on students' overall well-being.

Mrs. Jyoti Upadhyay, Ms Madhuri Teachers (Neb Sarai)



CALLIGRAPHY CLUB

"Calligraphy is the art of forming beautiful symbols by hand and arranging them well"



It's a set of skills and techniques for positioning and inscribing words so that they show integrity, harmony, some sort of ancestry, rhythm and creative fire.

In the Calligraphy club, children were taught Calligraphic skill which helped them to improve their penmanship. Calligraphy club enabled children to learn basic techniques and styles of Calligraphy. They were taught to pay attention on each letter and in what direction the pencil or the marker should be moved. Children were encouraged to create their own font style. Students tried their best effort in order to master the basics of calligraphy and it was great to see such a positive response. They worked extremely hard and designed beautiful bookmarks, decors, wall hangings and many other magnificent pieces. Their art pieces were kept in the Diwali Mela for sale cum exhibition.

Through this club, the children explored a new creative domain which not only helped them to expand their creative skills but also motivated them to express boldly through this form of art.

Mrs. Reena Prasad, Ms. Ayesha Teachers (Neb Sarai)

CLUB: COOKING WITHOUT FIRE

The primary intention of the club was to promote the learning of a lifetime skill of cooking and to help them explore their hidden talents and discover new areas of interest.

The students prepared many items including healthy drinks, fruit and vegetable salads, sandwiches, chocolate modak, and many more. They dressed up as chefs and presented the dishes in an artistic and aesthetic way. A recipe writing competition was also conducted. Through all of these activities, the students learnt the spirit of teamwork, creativity and culinary skills which gave them a sense of accomplishment and self-confidence.

During "Diwali Mela", the students of this club were given the responsibility of managing the food court. The students had shared their positive feedback about how this club gave them positive memories and acted as a stepping stone in their aspiration of becoming professional chefs in the future.



Mrs. Premalatha Devi, Mrs. Neelam Tiwari, Mrs. Archana Gupta Teachers (Neb Sarai)

Hasta La Vista STUDENTS' EXPERIENCES

It's so hard to say Goodbye

For every student, school life starts with "I Don't want to go to school" and ends with "I don't want to leave this place". The same happened to me as well. When I try to recall my initial days at school, I get a blurry vision of myself walking toward my class trying to hide my tears. I used to make excuses to avoid school. However, over the years, I fell in love with the process of learning and made many wonderful memories.

School life, spanning 14 long years, was a mix of emotions and experiences: laughter, tears, mistakes, and punishments. Even punishment became enjoyable. I will never forget selecting a friend for chocolate distribution on our birthday, or the happiest moment when our PT teacher took our free period. My time at this institution was priceless, and I will treasure these moments forever.

Now, as I bid farewell, my heart breaks at the thought of leaving. I am grateful to the Director sir Dr. Thomas George, Principal Ms. Daisy Thomas, teachers, and staff for guiding me and helping me transform into a better person. St. Mary's Public School will always hold a special place in my heart, and I thank you all for everything.

Siddhant Sharma XIIA (HEAD BOY)

An Unexplainable Memories

Discipline, Perseverance, and Patience are essential qualities for success in life. Discipline is the virtue that enables us to manage time effectively and take responsibility for our actions and those of others. Perseverance allows us to tackle difficult tasks and achieve our goals. Patience helps us to remain calm in the most vulnerable situations. School plays a vital role in imparting these values from a young age.

Schools are a valuable asset to any country's bright future, and they are where many creative minds are nurtured. They provide a diverse range of knowledge varying from science to culture, literature, and sports. My experience at St. Mary's school was indescribable. The teachers brought out the best in me and celebrated my successes while supporting me through failures and difficult times. They worked tirelessly to help me overcome my weaknesses and improve my skills.

As we all move towards new beginnings, we are anxious about leaving the safety and care of our school behind. However, we are grateful for everything our teachers have done for us. They have been there for us through every situation, from teaching us the basics of reading and math to helping us with complex concepts like algebra.

In conclusion, I want to express my sincere gratitude to the management team members, teachers, non-teaching staff, and my dear friends for being a part of my school life. Thank you for your unwavering support and dedication

Nandini Sharma XII B (Head Girl)

An Unforgettable Journey

"Time flies over us but leaves its shadow behind" The word school carries a lot of emotions with it and we are transported to a world where we spend half of our day studying, writing, reading, and enjoying co-curricular activities. What do I say about my school life? So far so good. The journey has been incredibly great and I have evolved in these preceding thirteen years so much that I am ready for next-level challenges. The support and guidance of my teachers have played a significant role in shaping my personality, and their vast knowledge has been a source of inspiration for me. Through my school life, I have learned important skills such as dedication and actualization, and I have been motivated to achieve my best.

I can never get over the indelible impression that my school has left over me. Every aspect of my school life, from waking up early to participating in various events, has been enriching and unforgettable. I am grateful to my parents for sending me to the best school and to my teachers for guiding me throughout my journey. The school has provided essential resources that have helped me hone my skills and showcase my talents. Every day in school has been magical, and the joys and memories it has given me will always be cherished as the best days of my life.

Vanshika Chauhan XII A (Literary Club Captain)

Cherishable Moments

Student life is one of the most memorable phases of a person's life. This phase builds the foundation for him. At this time, a youngster learns not only from his textbooks but also from other sources too. He learns to grow emotionally, physically, philosophically as well as socially. Similarly, I also enjoyed my students' life. I learned many new skills along with discipline. There are many memorable moments that I will always cherish, such as waking up early in the morning, running to the bus stop, and hearing my mother's admonition to move quickly in order to avoid being late.

I will always be grateful to all my teachers who supported and prepared me for the challenges of the upcoming life. My friends made my school journey enjoyable, and lovable with their funny actions in class, sometimes teasing each other, etc. Although there were times when I experienced fear and mental stress, the principal ma'am, and the teachers were always there to help me in any way they could. I am proud to have been a part of this school, and I owe my success to the lessons and experiences that I gained during my student life.

Lashay Pant XII-E

Glorious Period

The saying "Time and Tides wait for none" was something I learned early on in my education, but it wasn't until my final year of school that I truly understood its significance. Looking back on the past 12 years, I realize how quickly it all went by and how important this time has been in shaping who I am today.

My first day of school, which I am currently witnessing, is still fresh in my mind. The past 12 years have served as a fantastic learning foundation, Through the guidance and mentorship of my teachers, I have learned the importance of perseverance and taking responsibility for my actions. Their teachings have instilled in me the values of simplicity, discipline, and patience, which I will always carry with me.

Thanks to the Director sir, and Principal ma'am, who made us understand that success is achieved through hard work and dedication. During one of our school ceremonies, the Director Dr. Thomas George quoted the famous words of Nelson Mandela, who said that Education is the most powerful weapon one can use to change the world. Inspired by this, I am committed to making a positive difference in the world. I am grateful to St. Mary's for providing me with the opportunity to explore the world and for helping me to grow into the person I am today. Thank you St. Mary's for giving me the wings to fly.

Pankaj XII-F

I recognized my uniqueness

Memories have been the part and parcel of my life, just like everyone else. One of the good memories in life is definitely of school, for me, it was an incredible learning experience. The sense of confidence and motivation that I received from my school is something that cannot be matched anywhere else. It was at school that I discovered my unique abilities and talents, and it encouraged me to explore new opportunities and how to face life's challenges head-on.

My school life has been a precious treasure for me, and it has taught me valuable life lessons that I will cherish forever. As we all know, the first and last days of school are the ones that leave a lasting impression. I still remember arriving at school with tears in my eyes and leaving with them as well. Finally, I would like to express my gratitude to my friends, teachers, management, and non-teaching staff for making my school life a memorable and cherished experience. Thank you!

Nishita Dagar XII-A (Eco club captain)

Hello To The New Adventure!

The thought of bidding farewell to school came much quicker than I had anticipated. It seems like only yesterday that I stepped foot onto the school premises with a mixture of excitement and nervousness, beginning my journey as a sixth-grader.

Despite my initial concerns, the support and assistance of exceptional teachers, talented peers, and helpful staff made my time at school fly by.

I'm grateful to everyone who contributed to making my school experience unforgettable, and I'll keep all the valuable advice imparted by my teachers in mind as I pursue my goals. Although it's time to say goodbye, I prefer to say hello instead - Hello to the new adventure!!!.

Prachi Jindal XII-B

School - My Second Home

It is not easy to capture 12 years' worth of memories in a single sitting as this institution has been a second home to me. I have had countless moments of joy with St. Mary's, and my heart will always cherish memories of picnics, fairs, physical education classes, and last-minute study sessions for exams. From my school experience, I have gathered many beautiful memories.

I am deeply indebted to our Director, Sir, Principal, Ma'am, and all of my teachers who have gradually and carefully shaped my unique identity, making all of my adventures possible. Among the many things that have made my time in school enjoyable, making friends is the most important. My friends have supported me selflessly, allowing me to laugh louder, cry less, and smile more. My school years have been filled with countless moments of joy, and they will forever remain the happiest years of my life. I am proud to be a St. Marian, and I will undoubtedly miss my school.

Shumaira Alam XII-E

A Golden Experience

My ST. Mary's Public School has always meant so much to me. Its structure, the lush green environment, the basketball court, the scribbled desk the blackboard, the morning bustle, and the afternoon banter has been such an integral part of my life for more than a decade. This is the place where I forged friendships, created memories that always bring me joy, and learned lessons that will stick with me forever. As the days pass, I'm realizing that soon these gates will close behind me, and I'll be stepping into an unknown and possibly daunting world. However, I'm not afraid because my school has prepared me for this. It has taught me to have a strong foundation before reaching for the sky, to be confident yet humble, polite yet bold, and assertive yet compassionate. Through the years, my school has taught me the correct values that will never let me down. I'm grateful to the Director sir, Principal maám, teachers, schoolmates, and all who have contributed to making my school life so remarkable and fulfilling. Adieu, my beloved school!

Saurabh Thapa XII-E

Beautiful memories

Memory is a kind of diary that we all carry with us. I still remember the day I enter the school campus holding tears in my eyes. Actually, everyone sheds a few tears on the first day of school but slowly and gradually starts loving that place, and makes a lot of new friends. Out of all the school years, my memories of 12th grade stand out as the most wonderful.

During my time at this school, I developed incredible friendships that made my schooling experience enjoyable and meaningful. My teachers provided me with the guidance and inspiration I needed to reach my goals. As time passed, a special bond was formed, and this school became my second home.

Unfortunately, the prolonged pandemic disrupted two years of my schooling, but it taught me a valuable lesson in adaptation. I am grateful to the school administration and management, especially to our principal, Ms. Daisy, for providing online classes and supporting us during that difficult time.

This institution taught me that all meaningful learning leads to change. I am grateful for the love, support, and excellent education provided by the administration, teaching, and non-teaching staff. I am honored to call myself a St. Marian.

Suhani Balhara XII F

Freedom at Last

Flashback to 12 years ago, there stood a boy staring aimlessly at a building painted in red. He had been confined to the place for the next 6 hours, or so he thought. It was daunting. Freedom was all he wished for back then. That was the year 2011. The boy eventually grew up and loved the place he'd once dreaded.

My father used to say that growth isn't about acquiring knowledge but gaining wisdom. I spent 12 years at St. Mary's, where I learned the true meaning of wisdom and honed my life skills. This journey would not have been possible without the support of my wonderful teachers, Director Sir, Principal Ma'am, and the excellent support staff of St. Mary's.I am immensely grateful to all of you. Moreover, my amazing friends added a

greater dimension to my life and made this journey even more memorable.

As I am on the brink of adulthood, I wonder if the young boy seeking freedom would still seek the same thing now. Only time will tell, but I know that the memories of my time at St. Mary's will be forever scribbled in the pages of my life.

Gaurav Raj XII-B

A Big Thanks for All

Time passes by without our notice. Nonetheless, it still seems like a dream that is only an image or vision. In just a few days, everything in our life will change. The carefree days will be replaced by worries, and we might lose touch with our friends due to our busy schedules. Although we will meet new people, we will always feel a void within us. As we enter the real world, we may forget about our friends and teachers from school. This realization can be daunting, but we cannot constantly worry about the future. Instead, we should be grateful to our school and teachers for their support and the valuable lessons they taught us beyond academics.

Payal Rout XII-A

Incredible Journey

My time at SMPS has been an incredible journey filled with many happy and emotional moments. Being a part of this school since 2008 has been like being a member of a family, and it is hard to say goodbye to the place where I learned how to live my life. My experience at SMPS has helped me to work hard, gain confidence in myself, improve my productivity, and increase my level of discipline and compliance. This period of my life has been both entertaining and enlightening, and I believe it will be the best one I will ever have.

I would like to express my heartfelt gratitude to all of my teachers who have supported and mentored me since I was a child. They have had a profound impact on me, and I have learned invaluable lessons from them. They have been a great support system and backbone for me, and I never thought they would become my friends. They have always been there for me whenever I needed them. Although it is difficult to say goodbye to all of them, I am grateful for the memories we have shared together. These memories will be the best gift that I will always cherish in the future.

As the saying goes, "It's not the goodbye that hurts, it's the flashback that follows." I feel proud to say that my teachers have had a lasting influence on me, and I will be grateful for that until the end of my days. I would like to extend my sincere thanks to my SMPS family for providing me with such great management and the opportunity to be a part of the St. Marian's Family. Thank you all for everything!

Priya XII-E

An Enticing Place

It feels surreal to talk about my school experience now that I've completed 12 wonderful years in this prestigious institution. Every single day from when I first entered as a small child has been a learning experience. I am thrilled and proud to have learned so much from the amazing teachers and to have made friends who are now like family. I wish all my friends a wonderful future and success in getting into their dream colleges. I am also grateful to all the teachers who have taught me, as well as my incredibly kind, loving, and supportive principal Daisy Ma'am and director sir Dr.Thomas George. I will definitely miss all the crazy things we did in school the trips, the scolding, the corridors where we hung out, and so many more memories.

Sebin Roy XII-A

I Owe you! My School

The school phase of life is the most significant and enjoyable time that is filled with unforgettable memories. Besides acquiring an education, we are taught values such as patience, sincerity, friendship, honesty, discipline, and confidence, making it a period of holistic learning and training that helps in self-discovery. Personally, my school has become a second home to me, providing a fantastic learning atmosphere that has enhanced my learning abilities. I am extremely grateful to the school's administration for providing such exceptional and inspiring teachers who have not only motivated but also equipped me with the necessary skills to face the world confidently.

I vividly remember when I first entered my school as a child, I was scared and sobbing as I didn't want to leave my mother's hand, but now as I prepare to leave, I am crying because I don't want to leave my amazing friends, teachers, and the school management. It has been an incredible journey, and although we will be going our separate ways, I hope we keep in touch, and I wish St. Mary's the very best. Thank you.

Nandini Jangid XII C

स्कूल में बिताए हुए पल

आओ सुनाऊं तुम्हें बीते हुए पलों की कुछ खट्टी, कुछ मीठी दास्तां कुछ मेरी, कुछ आपकी बात करते हैं चलो कुछ बीते हुए लम्हें याद करते हैं। स्कूल मे बिताए हुए पलों को याद करते हैं।

जब हम आए थे यहां तो यह एक गुमनाम पहेली थी ना जाने क्यों मन नहीं लगता था हर दिन यहां से भाग जाने को दिल करता था। धीरे—धीरे नए—नए दोस्त बने, अच्छे टीचर मिले एक कुछ गुस्सैल लेकिन दिल के अच्छे मिले

क्लास में खूब शरारत करते थे कागज का एयरप्लेन उड़ाया करते थे डस्टर को पंखे में फेंका करते थे टीचर की क्लास छोड़ते ही शोर मचाया करते थे फिर टीचर के क्लास में आते ही मासूम बन जाया करते थे।

टीचर के बोर्ड की तरफ मुड़ते ही
टिफिन खोलकर चुपके से खाना खाया करते गए
टीचर के सवाल पूछने पर
दिल खोल के नीचे दिया करते थे।

स्कूल में जानबूझकर देर से आना फिर तरह—तरह के बहाने बनाते थे, प्रार्थना में एक आंख खोलकर आसपास देखा करते थे दोस्तों के साथ क्लास बंक किया करते थे फिर ग्राउंड में वॉलीबॉल खेला करते थे।

स्कूल में खूब मजाकरते थे
फिर भी ना जाने क्यों यहां आने से डरते थे
अब ना जाने क्यों यहां से जाने का दिल नहीं करता
पहले हमें खींचकर स्कूल में लाया करते थे
अब ना जाने क्यों ठहर है जाने का मन करता
बस एक बात अब निराली है।

जब आए थे यहां तब आंखों में आंसू और मुंह सूजा हुआ था अब जा रहे हैं तो भी आंखों में आंसू है लेकिन चेहरे पर मुस्कान है।

आर्यन सिंह 12- ई

THE LIFE OF SCHOOL

In life of hustle bustle There is a life of school Where we grow, where we play With colours pens and clav It's a life of school: New pencils, new folders New notebook and tools New teachers, new friends With numbers of trends It's a life of school. The first day is guite cool Everyone here has a name Some are different some are same All are right, none is wrong Wonder the school's fame. It's life of school. The tension to do the homework Some do and some shirk Recess the time to rejoice Together with girls and boys It's a life of school



Tanish Siwas VIII C (Devli)

विद्यालय के सुनहरे पल

आज वक्त को रोकने का जी चाहता है, न जाने क्यू छुट जाने से डर लगता है, बच्चे बनकर ही तो आए थे हम सब, एक दुसरे से कितने पराए थे हम सब

कुछ दिनों में ही हम सब एक हो गए, हंसने खेलने के बहाने अनेक हो गए, इस सफर की शुरुआत 12 साल पहले हुई थी, प्राईमरी से जो स्टार्ट हुई थी।

सूरज की पहली किरण से थी शुरुआत हमारी, पूरे दिन की मस्ती और फिर रात थी हमारी, सोचते थे जल्दी यहां से चले जाएंगे, घर जाकर खुब मौज मनाऐंगे।

प्रैक्टिकल फाइल मेरा भी बना दे अब कौन कहेगा, असाइनमेंट पहले करने के लिए कौन आगे बढ़ेगा, हंसी मजाक कर पागलों की तरह कौन हंसेगा, यूनिटी बनाकर प्रोजेक्ट कैंसिल करा लो अब कौन कहेगा

पढ़ते—पढ़ते अब कौलज जाने का भी दिन आ गया, एक नए पड़ाव में जीने का दिन आ गया, पहुंच जाओगे जब अपनी अपनी मंजिल पर, तो ये यार दोस्त ही याद आएंगे।

एक कप चाय की चुस्की के साथ, ये सारे फसाने याद आएंगे, क्या पैसा क्या नौकरी ये तो बस यादें रह जाएंगे, अकेले जब भी होंगे ये लम्हे याद आएंगे।

सब पाकर भी ना जाने पीछे कुछ छूट सा रहा है, दिल न जाने क्यों टूट सा रहा है, कभी—कभी हम याद करेंगे तुम सब की यादों को, जब हम देखेंगे पुरानी स्कूल की किताबों को ।

कुछ लिखा है कुछ दिल में बाकी है, कुछ पल का साथ शायद अभी बाकी है, बस एक बात का डर लगता है हम अजनबी ना बन जाए दोस्तों, जिंदगी के रंगों में ये दोस्ती का रंग फीका ना पड जाए।

जिंदगी की दौड़ में यह दोस्ती लुप्त ना हो जाए, मिलने की फरियाद कभी कम न हो जाए, मिल ना सके कभी तो याद करते रहना, चाहे जितना हंस लो मुझ पर आज बुरा नहीं मानूंगी

इसी हंसी को अपने दिल में जीवन भर के लिए बसा लूंगी, आखिर आ ही गया वह दिन जिसका हमे इंतजार था, अब बिछड़ जाएंगे यार सारे जिनसे हमे बहुत प्यार था, जिनसे हमे बहुत प्यार था।

प्रिया शर्मा बारहवीं बी

