

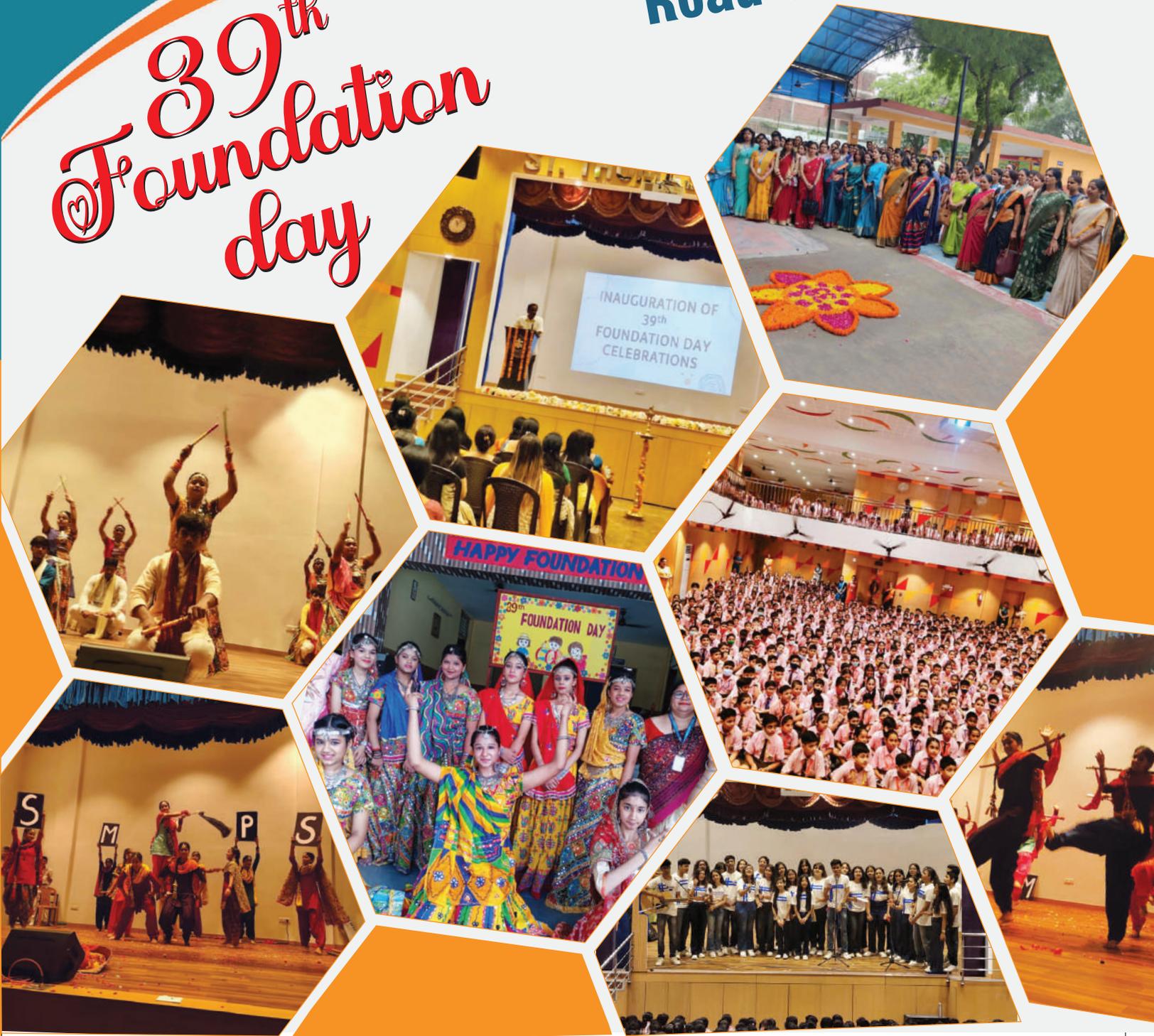


# Spiegel

"Let the children come unto me, do not stop them; for it is to such as these that the kingdom of God belongs." Holy Bible.

## Celebrating Milestone.... Road to Success

# 39<sup>th</sup> Foundation day





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## Message from Director



Dear Parent's /Teachers and Students,

It is a matter of Pride that with God's blessings and co-operation of all of you that St. Mary's is growing year by year. On 3<sup>rd</sup> July we celebrated our 39<sup>th</sup> foundation day. Starting with couple of students in a rented building and taking it to the present level was a herculean task. The journey was full of odds and obstacles and irrespective of all those SMPS could make a mark or presence felt in the field of education.

As usual this year also we secured 100% result both in the X<sup>th</sup> and XII<sup>th</sup> CBSE board exams. This is yet another proof that explicit or expose the caliber of St. Mary's teaching staff.

I congratulate all students and parents for their hard work and co-operation. Wish you all once again good luck & your cooperation in future also expected.

Also I would like to announce you that we have elevated two new Vice Principals, Mr. Ashwini Sharma & Ms. Derlin Thomas for the better enhancement of students. I believe with them taking up this new responsibility, St. Mary's will achieve different heights. I wish them all the very best for their future venture.

**Dr. Thomas George**

## New Vice Principals



## CONGRATULATIONS TO ARADHYA BEURIA OF CLASS PRE-PRIMARY B



## Congratulations



## A PROUD MOMENT



The school takes immense pride in announcing that **SHUBHAM TIWARI** of class X-C has won Silver Medal Open Delhi State Taekwondo Championship 2022 in 57 kg Cadet Event. The event was organized by Bolt Taekwondo Club & Accurate Sports with Maharishi Valmiki Jagrukta Samiti on 12 June 2022 in Delhi India.

*Wishing him more success in the future.*

## CHARITY

Last Quarter we have Contributed **Rs 1,20,000/-** towards various purposes like:

- ◆ Medical Aid ◆ Marriage ◆ Religious Institutions ◆ NGO

## TOLERANCE - A TREMENDOUS VIRTUE

**“Respond intelligently even to unintelligent treatment.”** ~ Laozi. Tolerance is the best educational outcome. It may be characterized as having a fair and impartial attitude toward others who live a different lifestyle than you. Happiness and satisfaction might be linked to one's level of tolerance.

We may learn to put ourselves in the shoes of others in our daily lives by envisioning ourselves in that position. Empathy allows us to comprehend how the other person feels and to be more accepting of others who believe differently than we do. While some people are naturally empathic, others have a hard time becoming so. It is, nevertheless, feasible with practice and intentional effort.

**“Tolerance isn't about not having beliefs. It is about how your beliefs lead you to treat people who disagree with you.”**

Tolerance is a crucial idea that allows people to live happily together. Tolerance implies that you tolerate other people's viewpoints and preferences, even if they differ from your own. Tolerance also entails not imposing your views on others, even if you are certain that you are correct. People who are tolerant have a strong ability to deal with a variety of viewpoints and beliefs.

Tolerance is the mindful capacity to love, respect, and accept the differences that make people unique.

Tolerance not only allows for peaceful cohabitation, but it also aids in personal growth. It will help you comprehend the world better if you learn more about other ways of thinking and ideas from across the world.

Teaching children about tolerance is the best gift that you can give them. Children should not grow up with feelings of hate and suspicion.

Children who grow up jealous of others turn into unhappy adults. And children who are forced to believe certain opinions will develop into people who are not free or independent thinkers.

If children experience love and tolerance, they will be able to grow up and lead happy and peaceful life.

**Ms. Birendra Kumar**  
Teacher (Sainik Farm)

## SIGNING OFF: FINAL ADIEU.... A JOURNEY WITH MARIAN'S FAMILY



My experience with St. Mary's Public School has fostered a personal drive and helped me to become an independent, hardworking and self-confident person. It has made me very efficient and taught a great deal of discipline and obedience. It was a great and happy journey with my school management, colleagues and students. It's really hard and quite difficult saying you all good bye but also experienced worth remembering memories. All these memories of working together with all of you are the best gift to me and I will always cherish them in future. As it is said that “It's not the good bye that hurts, it's the flashback that follows.”

I would like to extend heartiest thanks to Dr. Thomas Sir and Aby Sir for giving me an opportunity to serve in this school and be a part of Marian's Family.

I shall be forever grateful to the entire management for being supportive all throughout my service period.

Thank You All

**Ms. Florence Diyali**  
Front Desk (SMPS)

## TEACH YOUR CHILD TO MANAGE HIS TIME

*“He who every morning plans the transaction of the day and follows out that plan carries a thread that will guide him through the maze of the busiest life. But where no plan is laid, where the disposal of time is surrendered merely to the chance of incidence, chaos will soon reign.”* – Victor Hugo

Time is the most valuable and precious thing in everyone's life especially students. Time management plays a significant role in a student's life enabling them to learn more at a faster pace. Every student tends to finish a particular set of curriculums within a fixed time period of either a year or a semester. Managing the academics, projects, and assignments, along with exam preparation for the term can be a stressful job for many young learners. Unable to divide the time equally for every topic of the subject, students often opt for last-minute preparation which not only makes them scoreless but also obstructs their learning capability. By recognizing the worth of time and utilizing it effectively to focus on the goal, we can achieve a lot more with fewer efforts.

**Time Management is an oxymoron. Time is beyond our control and the clock keeps ticking regardless of how we head our lives. Priority management is the answer to maximizing the time we have.**

Children need to be taught organizational skills. It is the key to success, in school and in life. When children learn to manage time efficiently, they will become more independent and can handle their tasks and time. If they fail to manage their time efficiently it leads to procrastination, resulting in stress, frustration, lack of confidence, fear of exams, and low achievements.

Some children come with the ability to organize their time naturally. Through routine practices, parents can help kids and teens learn ways to manage their time independently. Parents need to educate their kids on time management through their own practices.

Children are good observers and they need to be inspired by our practices. Parents at home need to practice time management along with their kids, which will motivate them further. We need to understand that it's never too late to improve our time management skills.

Children at home need to be assigned the regular basic tasks to help their parents. undoubtedly this routine duty will become their regular habit which they will never forget easily. When assigning these tasks children should be taught to prioritize for optimal productivity.

Parents need to ensure that their kids have a checklist and complete it on time. Parents can encourage this habit as a task together and develop healthy competition among themselves.

Appreciations at regular intervals will help them to continue these habits. A regular discussion during dinner must be a routine habit at home. Children love to speak when they notice that their parents are listening. Every child needs to be taught not to procrastinate because *“Lost wealth may be replaced by industry, lost knowledge by study, lost health by temperance or medicine, but lost time is gone forever.”*

**Ms. Suman Sharma**  
Teacher (Sainik Farm)

## MY MEMORABLE JOURNEY IN ST. MARY'S



Hello everyone

It was very pleasurable and beautiful time for me that I had spent in St. Mary's. The tenure of my career was overwhelming by receiving the humbleness and support from the management and my colleagues. I would prefer to thank everyone.

The learning, teaching process was a wholesome experience. I appreciate the effort put by all the teachers and our Principal madam to bring out the best from each student.

I wish the entire team more prosperity and recognition in coming years and hope to see all the bright students come out with flying colours.

Thank you

**Mrs. Monali, Teacher (Devli)**

## FAREWELL



**Mrs. Monali**  
Teacher-Devli



**Mrs. Snehlata**  
Teacher-Neb Sarai



**Ms. Neha**  
Teacher-Neb Sarai



**Mrs. Leela**  
Help Staff-Neb Sarai



**Ms. Florence Diyali**  
Front Desk-SMPS

# Yes, we are all..... **ECO WARRIORS**

**Our earth is a wonderful place, but it needs our assistance in order to thrive! That is why, every year on April 22, we commemorate Earth Day to raise awareness about the need to safeguard the earth from pollution and destruction.**

We celebrate our small acts of environmental stewardship, learn how each and every bit matters, and discover how we can all contribute to #generationrestoration.

## **EACH MONSOON, I TRY AND PLANT SAPLINGS OR FLOWERING PLANTS**

Even though we are aware of the negative implications, we continue to take down trees for road expansion and construction projects. Not only do trees give us oxygen, but these 'green gold' also gives us shade, and reduce soil erosion, they are home to a variety of insects, birds, and animals too. A 'green deed' that I have personally adopted in a humble attempt to help the environment is that every monsoon, I try to plant as many saplings or flowering plants as I can. In mid-August, my family and I will plant them on our lawn. Then I make it a point to look after them.

**Nidhi Meena (XII-B)**

## **A NEED FOR LIFESTYLE CHANGES**

A congenial environment nurtures life on planet Earth. The most disgraceful thing we humans have done to our environment is pollution. Deteriorating air quality and ever-reducing potable water are major threats, besides the polluted water bodies that are killing life and vegetation. The need is also to understand that small changes in our lifestyle can make a big difference.

**Sahas (XII-A)**

## **TRY COMPOSTING**

I love nature and the environment and make conscious efforts to live in tune with it. I use cloth bags for shopping and encourage my family and friends to use them. My mother upcycles old clothes into cloth bags. We keep off single-use plastic. I have an organic garden where I grow flowering plants and vegetables. I dispose of waste effectively by composting it and using it as manure for my plants.

**Yashvi Tyagi (X-C)**

## **ONE SMALL STEP CAN LEAD TO A BIG CHANGE**

I have implemented a few changes in my life to save our planet. I take vegetable and fruit peels from my kitchen and use them as manure for my garden. I avoid using plastic bags for shopping. I always carry a cloth bag with me. If the shopkeeper gives me plastic bags, I avoid them and also insist they do not use plastic bags. I hope one small step by every individual will make our planet a better home for the future.

**Prachi Jindel (XII-B)**

## **DO YOUR BIT**

Environmental pollution is one of the biggest threats to our planet. Pollution not only affects the flora and fauna but humans as well. However, by adopting eco-friendly habits like planting trees and not wasting paper one can significantly reduce pollution. Since class V, I have refrained myself (and my family) from burning crackers and ensuring that the household waste is segregated into wet and dry waste. Besides I turn off the tap while brushing my teeth and use LED lights.

**Nandana (X-B)**

## **DISCARD E-WASTE RESPONSIBLY**

Humans' unquenchable demand for electronic devices is creating the world's fastest-growing waste stream. Just after one use, these products are dumped into landfills harming the environment. My family, hence, keeps a check on the electronic products brought home. Also, enough thought is given before discarding any e-product whether it is simple batteries or an old washing machine. What can be repaired and reused is donated to a family in need and what can be recycled is sent for e-waste management

**Pankaj (XII-F)**

## **I BICYCLE OR WALK WHEREVER POSSIBLE**

Environmental harm is a problem that is not new to us, but even with increased awareness, we don't hold ourselves accountable. Simply saying that a problem exists is not enough, we need to introspect and analyze our actions and modify our habits accordingly. There are a few green deeds that I have picked up I bicycle or walk, avoiding cars wherever possible to lower the number of greenhouse gases released through driving. This has also helped to save money and improve my family's fitness. Being an avid reader, I switched from normal paper books to e-books and digital media.

**Kunal Dahiya (XII-E)**

## **STOP TURNING ON THE LIGHTS UNNECESSARILY**

One green deed that I do that seems ineffectual yet can be earth-shaking when done as a routine is that I don't turn on the lights. Why do we need lights? To brighten up our space. If your house is built facing the sun and windows are placed right, you would never need lights! Sunlight would suffice right from the morning till around 5/6 (depends on the location's latitude) thus we would be in need of light for 4-5 hours at the dusk. I also post certain stickers/logos/posters near all the switch boxes of my home as a reminder. If everyone does this, imagine the energy that can be saved.

**Vanshika (XII-A)**

## **I AM TRYING TO ADOPT A PLASTIC-FREE LIFESTYLE**

I am in the process of starting a sustainable, plastic-free lifestyle. Well, it is difficult to maintain that and it starts with cultivating little things. For instance, I have stopped buying plastic cutlery and bottles, shop for products like biodegradable sanitary napkins and whenever I go shopping, I carry jute bags. It is convenient to use recycled products. My entire family sticks to using only paper bags and avoids using plastic.

**Priya (XII-B)**

## **WE MUST SWITCH TO REUSABLE ENERGY**

Carbon overloading is the biggest contributor to air pollution and environmental disruption. Switching to renewable clean energy is the need of the hour. Our family recycles and reuses plastic and glass jars as containers to store pickles, nuts, etc. I print as minimally as possible to save paper and use reusable bags while shopping.

**Piyush (X-B)**

## WORLD ENVIRONMENT DAY



World Environment Day is celebrated annually on 5 June and is the United Nations' principal vehicle for encouraging awareness and action for the protection of the environment. A clean environment is essential for healthy living. The more you don't care about our environment, the more it will become polluted with contaminants and toxins that have a harmful impact on our health. Air pollution can cause respiratory diseases and cancer, among other problems and diseases.

### How to keep the environment clean

1. Reduce the usage of your electrical appliances.
2. Drive your vehicle less.
3. Reduce the usage of your wooden stove.
4. Maintain a healthy eco system.
5. Reduce usage of chemicals and pesticides.
6. Recycle the waste products.
7. Reduce carbon footprint.
8. Grow your food locally, buy sustainable food products.
9. Support Eco-Friendly Companies.
10. Donate to the right organization.

**Navya Biju** VII-C (Neb Sarai)

## SOIL- A LIVELIHOOD



What if I tell you that “a teaspoon of soil contains more microorganisms than there are people on the planet”. Save soil sounds a very small thing. Doesn't it! But if you want to fix this soil that you have destroyed, it will take 15-25 years if you go at it aggressively. In the last forty years, forty percent of the world's topsoil has been lost. Thirty percent of India's land is already degraded, and 90% of India's states are seeing soil turn to desert. That means nothing can be cultivated there. You can imagine the suffering that we will unfold in the world. Why soil needs to be saved? Because not only us but our future generations need it as well. If we do not take initiative to save soil now the world's food web would be in a great trouble. Our Indian spiritual leader and the founder of Isha Foundation – Sadhguru ji has launched a movement “Save Soil” to address the soil crisis by bringing together people from all around the world to stand up for Soil Health. Sadhguru ji says “For me action is about a solution, not about satisfaction. If we do not do the right stuff for Soil now, large- scale suffering will happen.” Soil Conservation is a combination of practices used to protect the soil from degradation. This means returning organic matter to the soil on a continual basis. We can also protect soil by some methods like Afforestation, crop rotation, using more organic items instead of fertilisers, contour farming etc. So let us all take this initiative to save soil.

**Jyotirmayee Sahoo**  
VIII-C (Neb Sarai)

## ENVIRONMENT



I love my environment So fresh and clean.

See the birds chirping up in the tree

Look at all the fish swimming in the clear blue sea.

A morning breeze so fresh and clean.

No clouds of black smoke daunting me.

A paper here, a paper there

Soon enough they are everywhere.

Birds and fish losing their homes.

The cutting down of trees and pollution of seas.

What could this be?

The negligence of human beings?

Save the birds

Save the tree

The road to recovery begins with me.....



**Arya Nandini**  
VA (Neb Sarai)

## Save Environment

### 'NATURE DOESN'T NEED PEOPLE, PEOPLE NEED NATURE'

Our environment is our surrounding area and something that sustains us. It is the natural condition in which an organism, plant, or animal grows and live. Our environment shields us and helps us grow into individual beings. Saving our environment is vital for sustaining humanity because, without a clean environment, none of us will survive.

Our environment plays a massive role in the kind of person we grow up to be. There are a lot of valid reasons for which we need to save our environment. Our environment has suffered significant threats in the last few decades. The ever increasing vehicles and pollution have transformed our environment into a mass of smoky air. There are a lot of ways to protect the environment, some are given below :-

1. Recycle
2. Use less electricity
3. Plant trees
4. Conserve water
5. Don't use plastic
6. Throw garbage in dustbin not on streets
7. Don't cut trees



**Shanaya Gusain**  
VIII-B (Neb Sarai)



# ST. MARY'S PUBLIC SCHOOL

## CONGRATULATIONS TO ALL

### TOPPERS OF THE BATCH (2021-22)

CLASS: X



SUB	MARKS
SCIENCE	100
I.T.	99
SOCIAL SCIENCE	98
MATHS	96
ENGLISH	94
%	97.42
RANK	1

SUB	MARKS
SOCIAL SCIENCE	97
I.T.	96
SCIENCE	95
HINDI	95
ENGLISH	92
%	95
RANK	II



SUB	MARKS
SOCIAL SCIENCE	98
HINDI	97
SCIENCE	95
I.T.	93
ENGLISH	91
%	95
RANK	II



SUB	MARKS
MATHS	96
HINDI	95
SCIENCE	95
I.T.	95
ENGLISH	92
%	95
RANK	II



SUB	MARKS
ENGLISH	96
HINDI	95
SOCIAL SCI.	95
I.T.	92
SCIENCE	90
%	94
RANK	III



### STUDENT SECURED 100 MARKS



**RAVI JHA**  
SCIENCE 100

### SUBJECT WISE TOPPER (2021-22) CLASS : X



**NISHTHA AGGARWAL**  
ENG- 98



**KRISHNA SHARMA**  
ENG- 97



**RISHIKA GARKOTI**  
ENG- 97



**VANSHITA**  
ENG- 96



**JOBIYA MARIA BIJU**  
HINDI- 97



**ANIMESH PARIDA**  
MATHS- 98



**SUSHANT SINGH NEGI**  
MATHS- 97



**PRATYAKSHA RAINA**  
MATHS- 96



**RAVI JHA**  
MATHS- 96



**KANISHK**  
SCIENCE- 96



**RUJUL**  
SCIENCE- 96



**RAVI JHA**  
SST- 98



**JOBIYA MARIA BIJU**  
SST- 98



**ANSHU BHATT**  
SOCIAL SCIENCE- 97



**RAVI JHA**  
I.T.- 99



**YUVRAJ GUPTA**  
I.T.- 98



**RUJUL**  
I.T.- 97



**AKHILESH NAUTIYAL**  
I.T.- 97



**UTSHAV KUMAR**  
I.T.- 97



**SONAKSHI SUTRADHAR**  
I.T.- 97



**TANVI JHA**  
I.T.- 97



**VANISH GUPTA**  
I.T.- 97



# ST. MARY'S PUBLIC SCHOOL

## CONGRATULATIONS TO ALL

### TOPPERS OF THE BATCH (2021-22)

#### CLASS XII

#### SCIENCE STREAM

#### COMMERCE STREAM

#### HUMANITIES STREAM



SUB	MARKS
CHEMISTRY	100
ENG	96
MATHS	95
PHYSICS	95
PHYSICAL EDU.	95
TOTAL	481
%	96.2
RANK	1



SUB	MARKS
CHEMISTRY	98
ENG	96
PHYSICS	95
MATHS	94
COMPSCL.	94
TOTAL	477
%	95.4
RANK	II



SUB	MARKS
ECONOMICS	99
PHYSICS	95
CHEMISTRY	94
ENG	94
MATHS	90
TOTAL	473
%	94.6
RANK	III



SUB	MARKS
B.ST	99
MATHS	97
ACCOUNTANCY	95
ECONOMICS	89
TOTAL	95
%	95
RANK	I



SUB	MARKS
ACCOUNTANCY	99
ECONOMICS	94
PHYEDU	93
ENG	91
B.ST	91
TOTAL	468
%	93.6
RANK	II



SUB	MARKS
ENG	93
PHYEDU	93
ACCOUNTANCY	93
B.ST	92
I.P.	95
TOTAL	456
%	91.2
RANK	III



SUB	MARKS
SOCIOLOGY	100
HISTORY	99
PHY.SCI	96
POL.SCI	94
ENGLISH	92
TOTAL	481
%	96.2
RANK	I



SUB	MARKS
SOCIOLOGY	96
HISTORY	95
POL.SCI	95
PHYSICAL EDU.	92
ENGLISH	90
TOTAL	468
%	93.6
RANK	II



SUB	MARKS
GEOGRAPHY	97
ENGLISH	94
PHYSICAL EDU	91
POL.SCI.	88
ECONOMICS	87
TOTAL	457
%	91.4
RANK	III

### STUDENT SECURED 100 MARKS



**TANYA KUSHWAHA**  
CHEMISTRY 100



**SHARANYA NAIR**  
CHEMISTRY 100



**TANVI BISHT**  
SOCIOLOGY 100

### SUBJECT WISE TOPPERS (2021-22) CLASS : XII



**TANVI BISHT**  
HISTORY - 99



**NAISHA NANDANI**  
ECONOMICS - 99



**DHANYA OOMMEN**  
B.STD - 99



**ANSHIKA SINGH**  
ACCOUNTANCY - 99



**SHARANYA NAIR**  
ENGLISH - 98



**ANUSHKA PILLAI**  
ENGLISH - 98



**URMIKA CHAUDHURI**  
GEOGRAPHY - 97



**TANVI BISHT**  
PHY.EDU. - 96



**BHAWNA KAIRA**  
POL.SCI. - 95



**TANYA KUSHWAHA**  
MATHS - 95



**ANKITA KUNDU**  
PHYSICS - 95



**ANUJ SINGH**  
PHYSICS - 95



**TANYA KUSHWAHA**  
PHYSICS - 95



**NAISHA NANDANI**  
PHYSICS - 95



**DALIMA NEGI**  
COMPUTER SC- 95



**SHARANYA NAIR**  
COMPUTER SC- 95



**SNEHA THAKUR**  
I.P - 92



**ANUJ SINGH**  
BIOLOGY - 91



**ALOK KUMAR**  
BIOLOGY - 91



**BHAWNA KAIRA**  
HINDI - 81



**TANVI BISHT**  
HINDI - 81



**TINA DAGAR**  
HINDI - 81

**EVS ACTIVITY**



**INGENIOUSNESS**



**MOTHER'S DAY**



**RED DAY CELEBRATION**



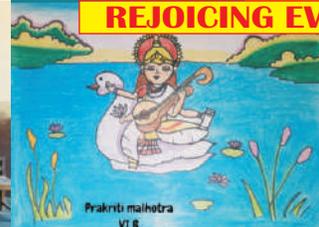
**SCIENCE ACTIVITY**



**SUMMER FUN**



**REJOICING EVENTS**



**EARTH DAY CELEBRATION**



**BE PERIOD POSITIVE**



## OUR PLANET IS GOD'S CREATION

I observe the natural beauty that surrounds us- towering mountains with sky-kissed summits, clouds that draw our attention, the sound of a clean river bursting from a glacier, and the pleasantness of green meadows with a tranquil ensemble of flowers, trees, and grass that never fails to fascinate us.

Oceans, beaches, deserts, plateaus, and a huge variety of creatures, mammals, fish, birds, and reptiles, as well as people, are attuned to all of it, and the oceans, beaches, desserts, and plateaus enchant us with an endless expanse.

I sense the allure of the staring flat plain when the sun softly shines on it, as well as the calm that is lost and wonderfully returned when the moonlight illuminates its atmosphere in solitude. I get joy from absconding because it is a masquerade in which humans lay down my sight with their unnecessary evils, but then too I absorb it as an anomaly that is delectable in its own way.

Everything is here for us to experience and enjoy. It's God's creation and tampering with it will be an imbecile act. Here is the summary through a poem:

To seek a change is not an option for my mind that thoroughly derides this notion.

This world that he created doesn't lack any aspect which is still and also simultaneously in motion. Tantalizing is the thought for some who seek utopia all around in their vivid assertion.

But to me, the balance is more significant, which is found in the world's dystopic taste as well as its clean adaptation.

**Kanak Rawat** (XII-E)

## RIDDLES

- 1 What kind of band never plays music?
- 2 What kind of room has no doors or windows?
- 3 What is the end of everything?
- 4 I have branches, but no fruit, trunk, or leaves. What am I?
- 5 What belongs to you, but everyone else uses it.
- 6 What goes up but never comes down?
- 7 David's parents have three sons: Snap, Crackle, and what's the name of the third son?
- 8 What has many keys but can't open a single lock?
- 9 What has lots of eyes, but can't see?
- 10 What has words, but never speaks?

### Answers

- |                   |             |
|-------------------|-------------|
| 1. A rubber band  | 2. Mushroom |
| 3. The letter "G" | 4. Bank     |
| 5. Your name      | 6. Your age |
| 7. David          | 8. Piano    |
| 9. Potato         | 10. Book    |

**Aarif VIII B** (Devli)

## MATHS AND LIFE

LIFE IS MATHS

FRIENDS TO ADD

ENEMIES TO SUBTRACT

SORROW TO DIVIDE

HAPPINESS TO MULTIPLY

EXAMS ARE PROBLEMS

CONFUSING ARE NUMBERS

CHILDREN ARE RATIONAL

FAITH IS A STRAIGHT LINE

JOY THE CENTRE OF THE CIRCLE

LOVE IS CIRCUMFERENCE

BELOVED IS DIAMETER

AND MONEY IS RADIANT

THIS IS THE PROCESS WE FOLLOW,

ONLY IN MATHS, ONLY IN MATHS

**SHREYA VI B** (Devli)

## ANIMALS ARE OUR FRIENDS

One fine day, the entire country was shocked to read a news headline, "A pregnant elephant died after a local allegedly fed her a pineapple stuffed with crackers, in Malappuram."

In recent years, we've seen some heartbreaking examples of animal brutality and suffering. Animal cruelty is defined as human abuse of animals that have a negative impact on their physical, psychological, and social well-being. The list goes on and on, whether it's strays being tormented for no reason or pet owners being irresponsible or cruel to their animals.

Several of these incidents occur during festival seasons. Firecrackers have been reported to be fastened to the tails of cows. Similarly, the constant dumping of plastic garbage results in unintentional animal cruelty, as stray animals suffocate on the debris.

There are numerous options for dealing with the problem more effectively. First and foremost, people must be aware of the need to treat these animals with kindness. Second, the authorities can establish strict regulations and enforce penalties on those who break it. There might also be a process in place in schools and educational institutions to teach pupils about the importance of treating animals with respect and empathy.

To prevent strays from mistakenly ingesting plastic debris, they should be separated. Pet owners should be forced to sign agreements to protect their adopted animals' safety and overall health and well-being.

Thus, we need to ensure that animal cruelty is reduced, and animals are protected for the better functioning of the diverse environment as we are all living in interconnected biodiversity.

**Piyush** (X-B)

## SELF-CONFIDENCE

### An Important Key Of Success

Self-Confidence is a combination of state of mind which is commonly used when one needs self-assurance, especially in personal judgement, power, ability, etc. It is that voice which comes from inside and gives you a boost to do something which you fear. In Today's epoch there is no place for those who lack self confidence because there is no shortage of competition. Infinite number of people possess it. Many people are achieving their goals using confidence as a ladder. For students, confidence plays a key aspect of their school life. Higher the selfconfidence, more the chances of success.

**Shaba Bano VIII A** (Devli)

## INTERESTING FACTS

1. It is impossible for most people to lick their own elbow.
2. Hot water will turn into ice faster than cold water.
3. The best place in the world to see rainbows is in Hawaii.
4. The strongest muscle in the body is the tongue.
5. Sleep helps you to remember things.
6. Your brain's storage capacity is considered virtually unlimited.
7. Humans are the only living thing whose brains shrink.
8. Humans are the only living thing that enjoy spicy food.
9. It's Impossible to hum while you hold your nose.

**Deepanshu VII A** (Devli)

## COVID-19 - DAYS DURING LOCKDOWN

Before the virus, I used to go school everyday, everything was fine. Since the virus started to spread, I saw people with face masks and tension. I was afraid that my family and friends would get sick. But I was happy to have more time with my mom and I got more time to play. My wish was that everyone stay healthy and safe. I was missing my visit to grandparents at their house. I was dreaming about seeing my best friend and then us going to school.

While this (lockdown) happened, I was drawing pictures, playing and doing homework.

I wished to see the end of the virus as I want to go back to my old routine.

All this will pass, we will be fine, if we take care of ourselves.

Stay healthy, Stay safe.

Sanvi Pal VB (Devli)

## MATHS MATHS MATHS!

Down with old Pythagoras  
And down with Maths.  
Down with Archimedes,  
And run him up at the baths.

If anyone had to do it  
I'd sure it was me  
First I'd wholly immerse him,  
Then kick him up a tree.

When he had been disposed of, I'd  
turn an old Pythag  
I'd drag him through holly bush,  
And he'd come out like a rag.

Now my pipe dream is over,  
And I've nothing more to say  
Except that Maths still lives on  
To be taught another day.

Aarav Sangwan VB (Devli)

## HOW TO SUCCEED IN LIFE

- |        |   |               |
|--------|---|---------------|
| Talk   | – | Softly        |
| Breath | – | Deeply        |
| Dress  | – | Smartly       |
| Work   | – | Patiently     |
| Behave | – | Decently      |
| Save   | – | Regularly     |
| Eat    | – | Sensibly      |
| Sleep  | – | Sufficiently  |
| Act    | – | Fearlessly    |
| Think  | – | Creatively    |
| Earn   | – | Honestly      |
| Spend  | – | Intelligently |

Shrishti Tomar VI B (Devli)

## THE LIGHTNING SUN

The sun rises in the sky ,

Keep spectacles on the eyes.

All the creatures of the world pray,

To the morning light all day.

Birds leave their nests

And search for food with out any rest

Plants bloom and sing

The lovely song of love and peace.

Get up all get up

The sun rises in the sky.

Take your spectacles of knowledge and enlightenment,

And lighten your life with good deeds.

Tanish Siwas VIII C (Devli)

## SCHOOL CAN BE FUN

School can be fun if you want it to be,

So much more interesting for you and me.

Science, math, history, so much to choose from,

It keeps us engrossed night and morn!

Why should we be bored? There is a lot to know

Very interesting things to learn about, so let's go!

Think of those who can't go to school,

They are many in number, not very few.

So, all the benefits of learning, we should reap,

As through each stage of life we leap.

School can be fun if you want it to be,

So much more interesting for you and to me.

Chitranshi Bashyal (X-B)

## SAVE SOIL



Chitranshi Bashyal X-B

## TEACHER: THE GUIDING LIGHT



A teacher is a person who inspires and encourages us to strive and perform to our fullest potential. They are the fonts of all knowledge and experience. They teach us through their commitment to excellence.

A teacher is a capable of moulding a student's life in the best possible

way. They play a vital role in the development of a child. They are a parent after our parents. They have the power to help us become winners. From kindergarten to high school, the influence never stops.

Teachers are believed to be the most responsible and important members of society as their professional efforts affect the fate of each and every civilisation. That is why they are the guiding light in the life of a human

Mrs. Natasha Grewal  
Teacher (Neb Sarai)

# MIND GAMES

## Sudoku

				5		9		
8					2			6
		6	3				5	2
		3		8				
				4			7	
	7						9	1
7		4		6				8
					5	3	1	4

### INSTRUCTIONS:

- > Fill in all the squares in the grid.
- > Only use the numbers 1 to 9.
- > Avoid trying to guess the solution to the puzzle.
- > Only use each number once in each row, column & grid.
- > Use the process of elimination as a tactic.
- > Use cross-hatching and penciling in techniques

Students send your answers in the given mail ID and get a chance to be featured in the next edition of Spiegel  
[stmarypublicschoolnebsarai@gmail.com](mailto:stmarypublicschoolnebsarai@gmail.com)

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## Solution (January - March Edition)

### Mathdoku Solution

1	4	5	3	2
2	5	3	1	4
4	3	1	2	5
5	1	2	4	3
3	2	4	5	1

### Sudoku Solution

1	6	2	7	8	3	9	5	4
8	5	9	4	2	1	3	7	6
7	4	3	5	6	9	1	2	8
2	3	6	1	9	5	4	8	7
9	8	4	2	7	6	5	3	1
5	7	1	8	3	4	6	9	2
6	1	7	9	5	8	2	4	3
3	9	8	6	4	2	7	1	5
4	2	5	3	1	7	8	6	9

**Congratulations!**

Saahas of class XII A is the winner of Sudoku & Mathdoku of the Spiegel Volume 34



Drishti (XII-B)